

Tampines

Tempo



P4
Leading the Way in Smart
Facilities Management



P7
Sustainability @
Tampines Park



P14
A Taste of Thailand
in Tampines



P15
Feel at Home With
Keep It Handsome

CONTENTS

Chairman's Message	02
Town Map	08 - 09
Our Tampines in a Garden Survey	16
Meet-the-People Session	16

HAPPENINGS IN TAMPINES

Eco Boards Show Residents' Utilities Consumption in Real-Time	03
LED There Be Smart Lighting!	03
Leading the Way in Smart Facilities Management	04
Striving Towards Sustainability Through Technology	05
Planting as One Tampines, Online and On-Site	06

Sustainability @ Tampines Park	07
Coming Together to Combat Dengue	10
Tampines Town Council Drawing Competition 2020	11

COMMUNITY OUTREACH

Take Control of Your Job Search Today!	12
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MADE IN TAMPINES

Pruning With Pride	13
A Taste of Thailand in Tampines	14
Feel at Home With Keep It Handsome	15

CHAIRMAN'S MESSAGE



Dear Residents,

2020 has been a disruptive and challenging year for everyone. However, we have emerged stronger as one Tampines by supporting one another.

Our migrant workers play a crucial role in keeping our home clean and safe from COVID-19. Some even volunteered to join our community partners and myself to clear the estate of potential mosquito breeding grounds. It was heartening to see people from different backgrounds coming together to keep Tampines safe from dengue.

The #TampinesUnited spirit was highlighted in a the Drawing Competition that we organised. We received many entries depicting how we supported one another during the crisis. The drawings fill our hearts with warmth and encourage everyone to push on further, together.

Our plans to make Tampines a smarter and more sustainable town will not be affected by the pandemic. During the launch of Sustainability @ Tampines Park, we announced exciting plans to make Tampines Singapore's first Eco-Town by 2025. Residents will enjoy beautiful themed gardens and park connectors, solar panels on residential blocks and eco-digesters that convert food waste into fertilisers.

With your support, I have every confidence that Tampines will become a more inclusive, smarter and greener home!

Yours sincerely,

Cheng Li Hui
Chairman
Tampines Town Council

亲爱的淡滨尼居民，

2020 年对每个人而言，充满颠覆性的冲击及挑战。但是我们也因为彼此互相扶持，而变得更加坚韧。

我们的客工在保持我们的家园卫生，防止冠状19疫情来袭上，扮演重要的角色。有些客工甚至自愿加入我与社区伙伴们的团队，清除市镇潜在的伊蚊滋生处。目睹来自各种背景的人们群策群力杜绝伊蚊滋生，严防淡滨尼受到骨痛溢血热症的侵袭，让我倍感欣慰。

我们最近举办的绘画比赛，突显淡滨尼可贵的众志成城精神。我们收到了许多刻画居民们互相扶持，共同度过疫情的参赛表格。这些温馨的绘画佳作赋予我们正能量，鼓励大家继续坚持，勇敢应对疫情。

我们一直以来，要把淡滨尼打造成更加有智能且持续发展计划，将不受疫情的影响。我们在淡滨尼公园举办可持续发展开幕典礼时，宣布许多2025年把淡滨尼打造成新加坡首个绿色生态市镇，令人鼓舞的计划。居民可漫步在主题花园与公园连道，并受惠于设在组屋区的太阳能电池板及转化厨余为肥料的厨余处理机。

我深信有你们的支持，淡滨尼将成为更具包容性，更加有智慧且绿意盎然的家园！

鍾麗慧
主席
淡滨尼市镇理事会

Para penduduk Tampines yang dihormati,

Tahun 2020 cukup mencabar dan mengganggu gugat bagi semua. Namun, kita muncul dengan lebih kuat sebagai satu Tampines dengan menyokong antara satu sama lain.

Pekerja asing kita memainkan peranan yang amat penting dalam memastikan rumah kita bersih dan selamat dari COVID-19. Malah sebilangan mereka dengan sukarelanya menyertai saya dan rakan kongsi masyarakat untuk membersihkan kawasan yang berpotensi menjadi tempat pembiakan nyamuk di sekitar estet. Saya berasa terharu melihat orang ramai dari pelbagai aspek kehidupan bekerjasama demi mencegah denggi di Tampines.

Semangat #TampinesUnited amat terserlah melalui Pertandingan Melukis yang kami telah menganjurkan. Kami menerima banyak penyertaan yang menggambarkan bagaimana kita menyokong satu sama lain dalam krisis ini. Lukisan-lukisan tersebut memenuhi hati kami dengan kemesraan dan memberi galakan kepada semua untuk meneruskan perjuangan ini bersama.

Rancangan kami untuk menjadikan Tampines sebuah bandar pintar dan lestari tidak akan terjejas akibat pandemik ini. Semasa pelancaran Kemampanan @ Taman Tampines, kami telah mengumumkan rancangan-rancangan menarik untuk menjadikan Tampines Bandar Eko Singapura

yang pertama menjelang tahun 2025. Para penduduk akan menikmati taman bertema yang indah sekali, rangkaian penghubung taman, panel solar di blok-blok kediaman serta pencernaan eko yang mengubah sisa makanan kepada baja.

Dengan sokongan anda, saya amat yakin bahawa Tampines akan menjadi kediaman yang inklusif, bijak dan hijau!

Salam hormat,

Cheng Li Hui
Pengerusi
Majlis Perbandaran Tampines

அன்பார்ந்த குடியிருப்பாளர்களே.

2020-ஆம் ஆண்டு நம் அனைவருக்குமே சவாலான, சீர்குலைவான ஆண்டாக இருந்தது. ஆயினும், நாம் ஒருவருக்கொருவர் ஆதரவளித்து ஒன்றிணைந்த தெம்பனிஸ் மக்களாக அனைத்தையும் வலுவுடன் கடந்து வந்திருக்கிறோம்.

நமது வெளிநாட்டு ஊழியர்கள் நம் இல்லத்தைச் சுத்தமாகவும், கொவிட்-19 கிருமித் தொற்றிலிருந்து பாதுகாப்பாகவும் வைத்திருப்பதில் முக்கிய பங்காற்றுகிறார்கள். சிலர் நமது சமூகப் பங்களிகளோடும் என்னோடும் சேர்ந்து செயல்பட முன்வந்து கொசு இனப்பெருக்கம் செய்யக்கூடிய இடங்களைத் துடைத்தொழிக்க உதவினர் பல்வேறு பின்னணிகளையும் சேர்ந்த மக்கள் தெம்பனிஸ் நகரை டெங்கியிலிருந்து பாதுகாக்க ஒன்றுசேர்ந்து செயல்பட்டதைக் கண்டு மனம் நெகிழ்ந்தது.

நாங்கள் ஏற்பாடு செய்திருந்த ஓவியம் வரையும் போட்டியில் தெம்பனிஸ் நகரின் ஒற்றுமை உணர்வு (#TampinesUnited) வெளிப்பட்டது. நெருக்கடி நிலையின்போது நாம் ஒருவருக்கொருவர் எப்படி ஆதரவாக இருந்தோம் என்பதைச் சித்தரித்த பல ஓவியங்கள் எங்களுக்குக் கிடைத்தன. நம் இதயங்களைத் தொட்ட அந்த ஓவியங்கள் அனைவரும் தொடர்ந்து ஒன்றிணைந்து செயல்பட ஊக்கமளிக்கின்றன.

தெம்பனிஸ் நகரை நுண்திறன்மிக்க, நீடித்து நிலைக்கத்தக்க நகராக உருவாக்கும் திட்டங்கள் கிருமிப்பரவலால் பாதிக்கப்படாது. தெம்பனிஸ் பூங்காவில் நீடித்த நிலைத்தன்மை திட்டத்தைத் தொடங்கி வைத்தபோது, தெம்பனிஸ் நகரை 2025-ஆம் ஆண்டுக்குள் சிங்கப்பூரின் முதல் சுற்றுப்புறம் காக்கும் நகராக உருவாக்கப்போகும் விழுவிறப்பான திட்டங்களை நாங்கள் அறிவித்தோம். கருப்பொருட்களை மையமாகக் கொண்ட அழகிய தோட்டங்கள், பூங்கா இணைப்புகள், குடியிருப்புக் கட்டிடங்களில் தூரியவொளித் தகடுகள், உணவுக் கழிவை உரமாக மாற்றும் இயற்கை செரிமானிகள் ஆகியவற்றைக் குடியிருப்பாளர்கள் அனுபவிப்பார்கள்.

உங்கள் ஆதரவுடன், தெம்பனிஸ் நகரம் அனைவரையும் உள்ளடக்கும் நுண்திறன்மிக்க, பசுமையான இல்லமாகத் திகழும் என நான் முழுமையாக நம்புகிறேன்!

உங்கள் உளமார்ந்த

செங் லி ஹூய்
தலைவர்
தெம்பனிஸ் நகர மன்றம்



Our MPs for Tampines GRC (Left to Right: Mr Desmond Choo, Ms Cheng Li Hui, Mr Masagos Zulkifli and Mr Baey Yam Keng) and partners launching the Eco Boards

ECO BOARDS SHOW RESIDENTS' UTILITIES CONSUMPTION IN REAL-TIME

To reduce daily water usage from 140 to 130 litres per person by 2030

If your HDB block is part of the "Eco Boards" pilot programme in Tampines, you will soon be able to see your block's impact on the environment by monitoring how much electricity and water your entire block uses. Each digital board tracks real-time statistics (i.e. every four hours) of the block's aggregated water and electricity consumption, plus carbon emissions generated over the last 24 hours. Utilities provider SP Group partnered with Tampines Town Council to design and develop these boards.

Unveiling these digital boards on 12 December was Mr Masagos Zulkifli, Minister for Social and Family Development, Second Minister for Health and Minister-in-Charge of Muslim Affairs. He explained that these Eco Boards are part of Tampines Town Council's efforts to transform Tampines into a model Eco-Town.

The event was held at Block 878A in Tampines and Mr Masagos was joined by fellow MPs for Tampines GRC, Mr Desmond Choo, Mayor of North East District, Mr Baey Yam Keng, Senior Parliamentary Secretary, Ministry of Transport and Ms Cheng Li Hui, Chairman of Tampines Town Council.

Mr Masagos revealed that Singapore is aiming to reduce the amount of water used by households to 130 litres per person daily by 2030, down from the current amount of about 140 litres daily.

"To get there, there are a lot of things that need to be done. First, we need to get information to our residents for them to know how they compare with others in terms of usage and what they can do to reduce their water usage over time. Elements of gamification will also encourage our residents to adopt sustainable habits in a fun and interactive way," Mr Masagos said.

LED THERE BE SMART LIGHTING!

Lighting up a Smart Tampines Town

Tampines took one more step towards becoming a model Eco-Town when we installed IoT-enabled Smart LED Lighting in Tampines Park and its vicinity. These are some of its benefits:

Smarter and more energy-efficient

The smart lighting will dim in the absence of human activity, saving up to 80% of energy consumption without compromising the safety of our residents.

The lights are controlled wirelessly and programmed to meet pre-defined conditions. For instance, the lift lobby lights can brighten up automatically when the sky is overcast.



In addition, smart meters installed alongside the Eco Boards can alert residents of utilities disruptions such as leakages or even pilfering. This enables the Town Council to swiftly rectify any issues that arise, added Mr Masagos.

By the end of January, 10 HDB blocks in Tampines will each have an Eco Board under the pilot programme benefitting more than 1,300 residents.

Alvin Teo, an 18-year-old student, welcomed these Eco Boards. "As a visual person, I find the various graphs of energy consumption [depicted] on the boards useful. The tips on reducing consumption of utilities are also helpful. I now take shorter showers to save water, and also make a conscious effort to wake up earlier every morning to switch off the aircon," he said.

Nudging residents towards a low-carbon future is an on-going effort that requires commitment from the ground as well. "We will always engage our residents and gather input from different stakeholders. With the support of our residents, grassroots organisations and SP Group, I am confident that the Eco Boards will be a success," said Ms Cheng.



Our Chairman Ms Cheng Li Hui inspecting the Smart LED Lights



Data analytics is built in to study the pattern of residents' usage of common areas. Estate planning and management becomes more efficient as a result.

Improves safety and security

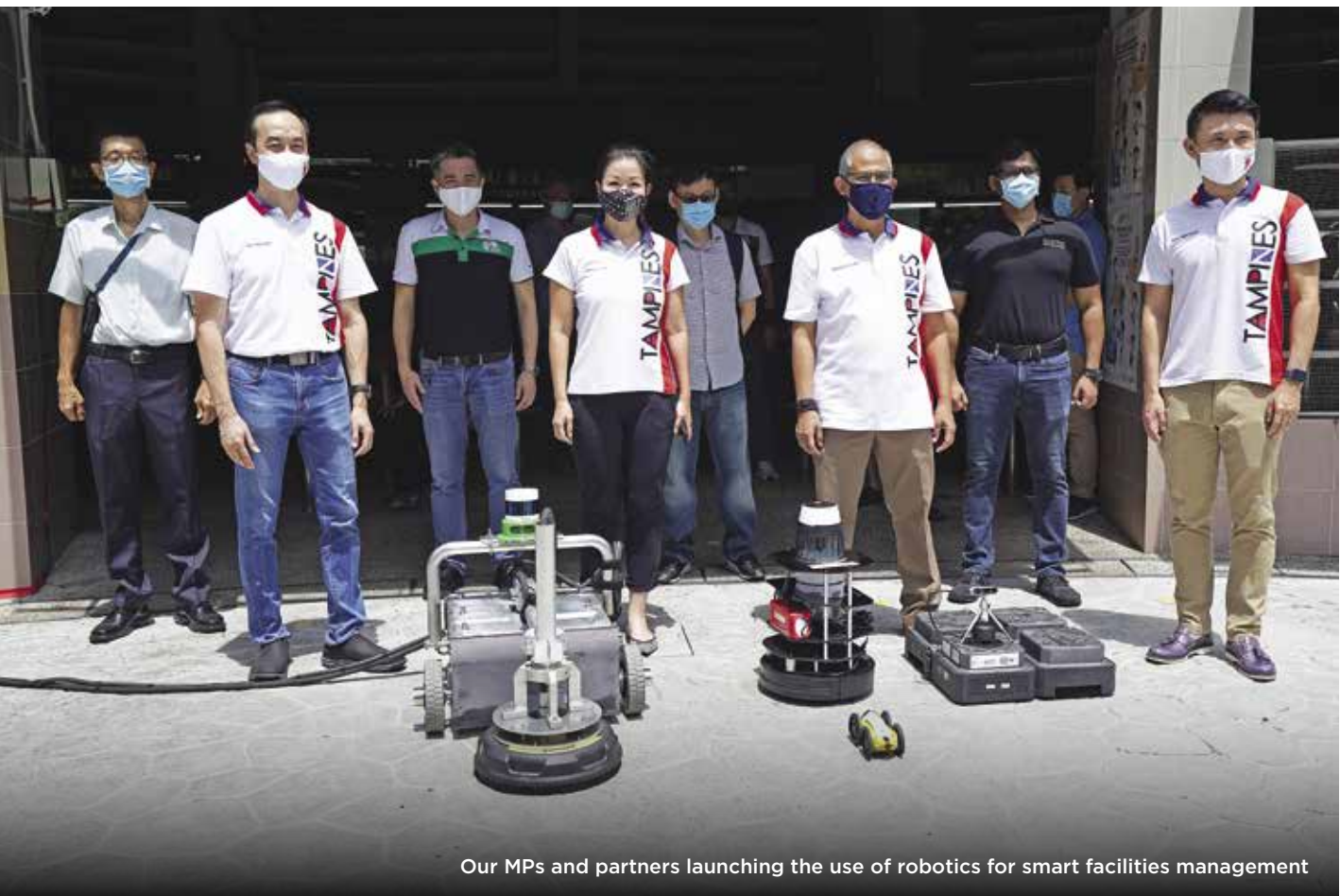
The IoT sensor platform provides information on abnormal activity during late nights enabling more effective checks to be carried out.

Enhances productivity and efficiency in maintenance works

Periodic device status reporting leads to timely maintenance of the lights. The Town Council can rectify a problem before it happens, thus reducing any downtime.

LEADING THE WAY IN SMART FACILITIES MANAGEMENT

Becoming smarter and more sustainable
with robotics



Our MPs and partners launching the use of robotics for smart facilities management

Robots that disinfect lift panels, clean floors, trap mosquitoes, chase away pigeons and mynahs are smart technology initiatives to upkeep sanitation and raise public health standards in Tampines. Showcased on 19 September at the Tampines Round Market and Food Centre, five robots (Emu, hTetro, Hornbill, Dragonfly and Falcon) are fruits of a successful partnership between Singapore University of Technology and Design (SUTD) and Tampines Town Council.

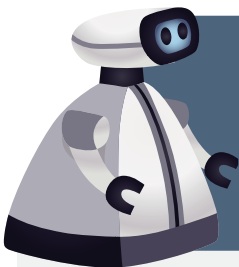
Mr Masagos Zulkifli, Minister for Social and Family Development, Second Minister for Health and Minister-in-Charge of Muslim Affairs, and fellow MPs Dr Koh Poh Koon, Senior Minister of State, Ministry of Health,

Mr Baey Yam Keng, Senior Parliamentary Secretary, Ministry of Transport and Ms Cheng Li Hui, Chairman of Tampines Town Council officiated the launch of using robotics for smart facilities management.

“Robotics is a very important part of how we are going to transform the economy. This is important for the now, so that we are able to be more productive, and also for the future, when in Singapore particularly, manpower is going to be a very big challenge 10, 15 years down the line,” Mr Masagos said.

Based on the ‘cobot’ principle wherein humans and robots work together as a team, there is no reduction of manpower, and cleaners can move to high-value tasks, such as robot-handling and sanitising frequently touched surfaces that are difficult for robots to handle.

“Robots will never take over our jobs... We will find use for the robots where it is either dangerous for our workers to go, or where it is not productive to deploy labour,” Mr Masagos added.



Read on to learn more about how these robots can help promote public cleanliness and hygiene!



hTetro



Reconfigurable Floor Cleaning Robot

- Pioneering, shape shifting floor cleaning robot
- Efficiently cleans room corners, narrow and complex spaces
- Equipped with sensors that map optimal cleaning paths

Hornbill



Water Jet Floor Cleaning Robot

Enclosed hydro blasting method to remove stubborn dirt from floors and suck up waste water



Mosquito Density Mapping Robot

- Automatic mosquito surveillance and delivery of anti-mosquito agents
- Attracts mosquitoes using UV light and CO₂ into a confined chamber
- AI-powered sensor system recognises and timestamps the density of mosquitoes in an area



Dragonfly

Emu



Intelligent Lift Panel Disinfection System

- Cleans lift buttons using existing certified disinfectant solutions
- Adaptable to any lift panel wall without interfering with lift usage



False Ceiling Inspection Robot

- Controls pest on false ceiling
- Equipped with functions such as visual inspection, autonomous navigation, rodent dropping detection and collection
- Operates with minimal human intervention and dispenses rodenticide



Falcon

STRIVING TOWARDS SUSTAINABILITY THROUGH TECHNOLOGY

Our Tampines Hub (OTH) is Singapore's first and largest integrated community and lifestyle hub — a dynamic, open and sustainable environment for communities to engage. Its focus on eco-sustainability and the use of technology is part of the five-year GRC masterplan to promote Tampines as an Eco-Town.



CURRENT FEATURES AND INITIATIVES

Energy savings

OTH saves up to 8,715,330 kWh of energy and 357,193 cubic metres of water per year — enough to power over 400 HDB flats for a year and fill 142 Olympic-size swimming pools! Its ETFE roof maximises natural ventilation, while sensor-activated lights and solar panels help reduce energy consumption.

Encouraging recycling

Accessible drinking fountains help save up to 200,000 plastic bottles per year, while Reverse Vending Machines provide

convenience for residents to donate reusable plastic drink bottles and cans. A Bounce Bag initiative also encourages the use of reusable bags. OTH also hosts community-driven repairs initiative Repair Kopitiam and pop-up flea markets like REFASH.

Closed-loop food waste management system

OTH generates an average of 1.4 tonnes of food waste daily. An eco-digester turns this waste into three by-products — non-potable water, liquid plant nutrients and organic fertiliser. Annually, it processes an average of 500 tonnes of food waste, which converts to 5.4 tonnes of organic fertiliser.

Eco-Community Garden and Wellness Centre

Harvest Day (when vegetables and fertiliser are given away) is a fortnightly affair, where seeds, seedlings as well as urban farming starter kits are distributed. There will also be gardening clinics, farming workshops and health workshops open to public.



UPCOMING PROGRAMMES

Annual signature Green event

Hosted every November, this event aims to celebrate eco-milestones attained over the year and inspire future efforts through a variety of engaging eco-related activities. The 2020 inaugural theme was "OTH Goes Green with Tampines" and the event lasted till 29 November.

Volunteer recruitment and engagement

Through these eco-related activities, volunteers — called OTH's Eco-Warriors — are recruited to support various programmes such as weekend tours of the Eco-Digester Centre.

HAPPY 55TH BIRTHDAY SINGAPORE!



Due to COVID-19, Singaporeans could not celebrate the 55th National Day like before. We celebrated from home, and enjoyed various online programmes and events.

Our family and friends shared special moments while viewing the iconic Mobile Column Presentation Parade and spectacular fireworks display. Filled with patriotism, many of us joined interactive sessions to sing the National Anthem and recite the pledge as one people. It was apparent that, despite a challenging year, our patriotic spirit is very much alive.





Tree planting with our MPs and virtual audiences

PLANTING AS ONE TAMPINES, ONLINE AND ON-SITE

Keeping the Tree Planting Day tradition going despite COVID-19 ■

Tampines has demonstrated that we can continue to celebrate special moments together, even during the COVID-19 pandemic. On 5 December, the annual Tree Planting Day at Tampines Park was broadcasted live on Zoom and Facebook Live with over 2,000 residents joining in virtually. Tampines made a strong statement on that very day: harnessing video conferencing technology to rally the community for a significant event despite the pandemic.

Our MPs for Tampines GRC and Guest Adviser Minister of State Mr Desmond Tan planted two Terap trees (*Artocarpus odoratissimus*) while our partners and grassroots leaders planted five Island Lychee trees (*Pometia pinnata*). Zoom participants also joined in the fun by planting microgreens using small gardening kits given to them by Tampines Town Council. They were featured on the LED screen display holding up their small pots of edible greens proudly. It was an uplifting sight of a united Tampines!

The tree planting ceremony launched the Sustainability @ Tampines Park project to promote community food security. The distribution of gardening kits encourages our residents to grow their edible greens in support of the nation's "30 by 30" goal.



DID YOU KNOW?

WHERE IT ALL BEGAN ...

The first Tree Planting event took place in 1963 when Singapore's founding father, the late Mr Lee Kuan Yew, planted a Mempat tree in Farrer Circus. His vision for a garden city teeming with abundant, lush greenery gradually turned into reality with the commencement of the Tree Planting Day campaign in 1971. Over the years, this tradition of planting trees has become deeply entrenched in our "greenery DNA". It is an annual event where MPs, community leaders and residents come together to plant new trees that will provide shade and greenery to future generations.

About the Terap tree

Grows up to 35m tall and produces fruit that turns from green to yellowish-brown when ripe. The edible flesh of the fruit is juicy.



About the Island Lychee tree

Grows up to 50m tall and produces fleshy fruit with a stone-like core. It is a native tree that is found naturally occurring in Singapore.



Photo credit: NParks Flora & Fauna Web



SUSTAINABILITY @ TAMPINES PARK

Strengthening our community's food resilience



Our MPs after visiting the Vertical High-Tech Farm at Tampines Park



Mr Zulkifli adding frass to fertilise the vegetables at the Vertical High-Tech Farm



Our MPs and Guest Adviser Mr Desmond Tan at the Black Soldier Fly Facility



Our MPs learning about the black soldier fly and its role in the ecosystem



Our MPs and Guest Adviser Mr Desmond Tan at the Tilapia Fish Farm

Sustainability has to be rooted in a community effort for it to blossom within the hearts of Tampines residents. With the launch of Sustainability @ Tampines Park on 5 December, Tampines is well on its way to becoming the first Eco-Town in Singapore.

MPs for Tampines GRC, Minister for Social and Family Development, Second Minister for Health and Minister-in-Charge of Muslim Affairs, Mr Masagos Zulkifli, Senior Minister of State, Ministry of Health, Dr Koh Poh Koon, Mayor of North East District, Mr Desmond Choo, Senior Parliamentary Secretary, Ministry of Transport, Mr Baey Yam Keng and Chairman of Tampines Town Council, Ms Cheng Li Hui, officiated the launch event. Mr Desmond Tan, Minister of State for Ministry of Home Affairs and Ministry of Sustainability and the Environment, was Guest Adviser at the event.

Our MPs and Guest Adviser toured the sites of Singapore's first community-based circular ecosystem, which includes a tilapia fish farm, a vertical high-tech farm for leafy vegetables such as lettuce, bayam spinach and nai bai, as well as a black soldier fly (BSF) facility.

Residents can now contribute food waste, which is broken down by BSF larvae into frass to fertilise the pesticide-free and organic vegetables grown in the vertical farm at Block 146 of Tampines. The nutrition-

packed larvae are then fed to the tilapias. Finally, residents can buy vegetables and tilapia using their 'green currency' accumulated from contributing food waste. Also showcased at the launch was a robotic arm capable of sorting harvested vegetables into lockers for residents' collection.

"We need to make sure sustainability is felt on the ground. Only then can we build circularity into what we normally throw away. We usually take, consume, and throw away. Whereas in this case, we consume, put back into the system, and the food that we could have wasted becomes food again," Mr Masagos explained.





Dr Koh Poh Koon

Senior Minister of State, Ministry of Health
Senior Minister of State, Ministry of Manpower
Elected Member of Tampines Town Council
Member of Parliament for Tampines GRC

Tampines Central

Tampines Central Community Club (CC)
1 Tampines Walk,
Our Tampines Hub, Public Service Centre
#01-21, Singapore 528523
Tel: 6785 0004

Residents' Committee

Tampines Arcadia
Blk 842 Tampines St 82
#01-86 Singapore 527842
Tel: 6785 8593

Tampines Courtview
Blk 730 Tampines St 71
#01-61 Singapore 520730
Tel: 6785 5130 Fax: 6785 4672

Tampines Greenvale
Blk 736 Tampines St 72
#01-28 Singapore 520736
Tel/Fax: 6786 2931

Tampines Parkway
Blk 857 Tampines St 83
#01-384 Singapore 520857
Tel: 6787 2749 Fax: 6786 2628

Tampines Spring
Blk 880 Tampines Ave 8
#01-278 Singapore 520880
Tel: 6785 3472

Tampines Palmwalk
Blk 839 Tampines St 83
#01-92 Singapore 520839
Tel/Fax: 6782 9313 Fax: 6786 5321

Tampines Starlight
Blk 719 Tampines St 72
#01-37 Singapore 520719
Tel: 6260 7318

Tampines Sunrise
Blk 702 Tampines St 71
#01-14 Singapore 520702
Tel: 6785 4616 Fax: 6785 5868

Tampines Ville
Blk 842 Tampines St 82
#01-141 Singapore 520842
Tel: 6786 5450



Tampines West

Tampines West Community Club (CC)
5 Tampines Ave 3 Singapore 529705
Tel : 6788 1912/6783 7910

Residents' Network

Tampines Grace
Blk 879B Tampines Ave 8
#01-45 Singapore 522879
Tel: 6996 6140

Tampines Green
Blk 160 Tampines St 12
#01-111 Singapore 521160
Tel: 6785 0931

Tampines Grove
Blk 889A Tampines St 81
#01-1028 Singapore 521889
Tel: 6781 5982

Tampines PalmSpring
Blk 922 Tampines St 91
#01-213 Singapore 520922
Tel: 6781 5969

Tampines Palmville
Blk 903 Tampines Ave 4
#01-292 Singapore 520903
Tel: 6784 1033

Tampines Park
Blk 147 Tampines Ave 5
#01-244 Singapore 521147
Tel: 6784 4534

Tampines Polyview
Blk 804 Tampines Ave 4
#01-40 Singapore 520804
Tel: 6784 0567

Tampines Summerville
Blk 916 Tampines St 91
#01-67 Singapore 520916
Tel: 6443 0587

Tampines Terrace
Blk 890B Tampines Ave 1
#01-325 Singapore 522890
Tel: 6443 5424

Arc @ Tampines
c/o 5 Tampines Ave 3
Singapore 529705
Tel: 6788 1912

Q Bay
c/o 5 Tampines Ave 3
Singapore 529705
Tel: 6788 1912

Santorini
c/o 5 Tampines Ave 3
Singapore 529705
Tel: 6788 1912

Social Services

- 3-in-1 Family
- Before & After School Care
- CDAC Student Service Corner
- Child Care Centre
- Meet-The-People-Session
- Social Day Care Centre for the Elderly
- Social/Family Service Centre
- Society for the Physically Disabled

Community Places

- Children's Community Library
- Community Centre/Club
- Neighbourhood Centre
- RC Centre
- Resident's Lounge
- Senior Citizen's Lounge
- Study Corner

Shopping

- Kiosk
- Minimart
- Petrol Kiosk
- Void Deck Kiosk

Health & Security Services

- Civil Defence Shelter
- Clinic
- NKF/NTUC Dialysis Centre
- NPP/NPC
- Nursing Home
- Automated External Defibrillator (AED)

Educational Institutions

- NETWIT Centre
- PAP Community Foundation
- Temasek Polytechnic
- MOE Kindergarten @ Tampines



Mr Baey Yam Keng
Senior Parliamentary Secretary,
Ministry of Transport
Elected Member of Tampines Town Council
Member of Parliament for Tampines GRC

Tampines North

Tampines North Community Club (CC)
2 Tampines St 41 Singapore 529204
Tel: 6783 2900/ 6783 2254

Residents' Committee

Tampines North Sun Plaza
Blk 418 Tampines St 41
#01-72 Singapore 520418
Tel: 6786 5360

Tampines North Zone 5
Blk 480 Tampines St 44
#01-257 Singapore 520480
Tel: 6787 0846

Tampines North Zone 3
Blk 430 Tampines St 41
#01-525 Singapore 520430
Tel: 6786 5517

Tampines North Zone 6
Blk 494B Tampines Ave 9
#01-458 Singapore 520494
Tel: 6786 3735

Tampines North Zone 4
Blk 450 Tampines St 42
#01-98 Singapore 520450
Tel: 6587 0446

Tampines North Zone 7
Blk 498M Tampines St 45
#01-498 Singapore 529498
Tel: 6786 3280



Tampines East

Tampines East Community Club (CC)
10 Tampines St 23 Singapore 529341
Tel : 6786 3227

Ms Cheng Li Hui
Chairman of Tampines Town Council
Member of Parliament for Tampines GRC

Residents' Network

Tampines East Zone 1
Blk 209 Tampines St 21
#01-1339 Singapore 520209
Tel: 6781 1974

Tampines East Zone 4
Blk 257 Tampines St 21
#01-208 Singapore 520257
Tel/Fax: 6784 2042

Tampines Green Meadows
Blk 519D Tampines Central 8
#01-87 Singapore 524519
Tel: 6481 8133

Tampines East Zone 2
Blk 216 Tampines St 23
#01-37 Singapore 520216
Tel: 6781 7808

Tampines East Zone 5
Blk 270 Tampines St 21
#01-165 Singapore 520270
Tel: 6785 2669

Tampines Trilliant
c/o 10 Tampines St 23
Singapore 529341
Tel: 6786 3227

Tampines East Zone 3
Blk 237 Tampines St 21
#01-567 Singapore 520237
Tel: 6604 7929

Tampines East Zone 6
Blk 230B Tampines St 24
#01-21 Singapore 525230
Tel/Fax: 6789 3641

CityLife @ Tampines
c/o 10 Tampines St 23
Singapore 529341
Tel: 6786 3227



Mr Desmond Choo
Vice-Chairman of Tampines Town Council
Member of Parliament for Tampines GRC

Tampines Changkat

Tampines Changkat Community Club (CC)
13 Tampines St 11 Singapore 529453
Tel: 6789 6554/6783 2985

Residents' Network

Tampines Changkat Zone 1
Blk 345 Tampines St 33
#01-350 Singapore 520345
Tel: 6782 1138

Tampines Changkat Zone 4
Blk 285 Tampines St 22
#01-225 Singapore 520285
Tel: 6785 2309

Tampines Changkat Zone 8
Blk 364 Tampines St 34
#01-133 Singapore 520364
Tel: 6784 5825

Tampines Changkat Zone 2
Blk 302 Tampines St 32
#01-36 Singapore 520302
Tel: 6786 1378

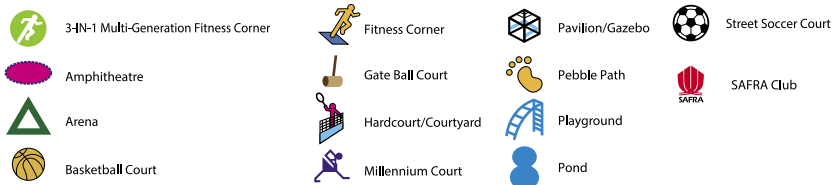
Tampines Changkat Zone 5
Blk 273 Tampines St 22
#01-50 Singapore 520273
Tel: 6785 6476

Eden
c/o 13 Tampines St 11
Singapore 529453
Tel: 6789 6554/6783 2985

Tampines Changkat Zone 3
Blk 111 Tampines St 11
#01-217 Singapore 521111
Tel: 6783 4234

Tampines Changkat Zone 7
Blk 387 Tampines St 32
#01-87 Singapore 520387
Tel: 6789 7756

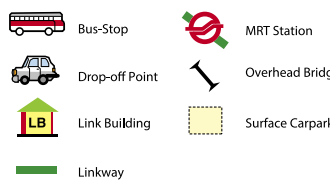
Fitness & Recreation



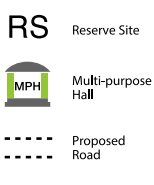
Parks & Gardens



Connectivity & Accessibility



Others





Our Chairman Ms Cheng Li Hui conducting a dengue sweep with our migrant workers



Dengue cases have been on the rise in Singapore, with this year's cases surpassing that of previous years. Tampines Town Council responded promptly by ramping up its efforts to combat the spread of dengue.

On 11 August 2020, our Chairman Ms Cheng Li Hui led a team of volunteers — including National University of Singapore (NUS) students and migrant workers — in a coordinated dengue sweep in Tampines. This effort was in joint partnership with the National Environment Agency (NEA), SG Accident Help Centre, and NUS.

The group from NUS was headed by Dr Tan Lai Yong, who teaches community health at the Yong Loo Lin School of Medicine

COMING TOGETHER TO COMBAT DENGUE
Keeping our town safe from dengue as ONE Tampines

and volunteers with migrant workers on a regular basis. According to Dr Tan, "Many migrant workers are thankful to be working in Singapore and want to give back to society."

One of the volunteers was 32-year-old Arsad from Bangladesh. He was invited to join the event by the SG Accident Help Centre, which engages migrant workers who are unable to work after getting injured on the job. He said: "The SG Accident Help Centre helps me with food and my visits to the clinic to see the doctor. When they told me about this event, I was happy to come and help."

During the event, volunteers walked around the estate to pick up litter that could potentially collect water and turn into mosquito breeding grounds. At the same time, teams from NEA and the Town Council oiled drains to kill mosquito larvae. "All it takes is five days, and mosquitoes will reproduce by the thousands," Dr Tan cautioned.

PROJECT WOLBACHIA — SINGAPORE TO HELP FIGHT DENGUE IN TAMPINES

Releasing more mosquitoes to have less mosquitoes — this is the paradox of Project *Wolbachia* — Singapore, a pilot study of the National Environment Agency (NEA).

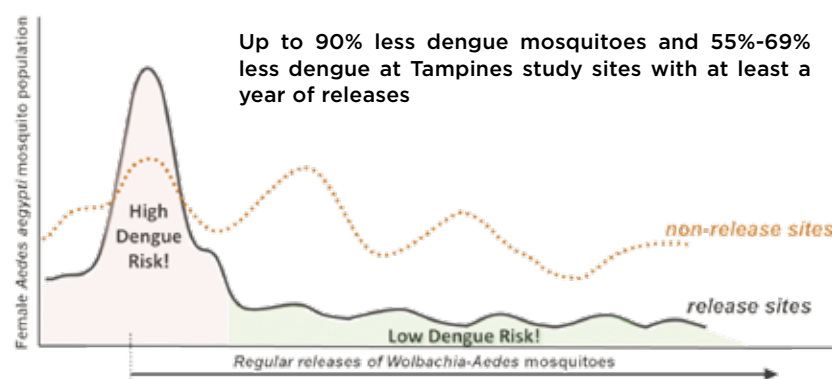
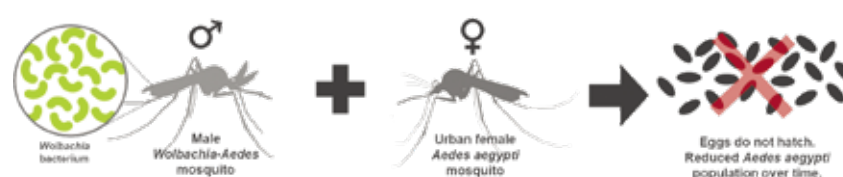
As part of the Project, male *Wolbachia-Aedes* mosquitoes are being released in parts of Tampines! They cause female dengue mosquitoes (*Aedes aegypti*) in the community to lay eggs that do not hatch. This has successfully reduced the number of dengue-causing mosquitoes in many areas of the study site.

Unlike female mosquitoes, male *Wolbachia-Aedes* mosquitoes do not bite or transmit disease.

By early 2022, Project *Wolbachia* will cover the whole of Tampines town to benefit more residents.



Scan the QR code for more information.



Infographic: National Environment Agency

PRIMARY SCHOOL CATEGORY



1st Prize
Chng Ya Hui



2nd Prize
Lim SiQi Sophie



3rd Prize
Tan Xuannyn



Consolation Prize
Kong Zhe Ning



Consolation Prize
Elodie Guillet



Consolation Prize
Lim Sin Jie



Consolation Prize
Kendra Cheah



Consolation Prize
Pearlyn Chee



Consolation Prize
Valerie Poon



Consolation Prize
Joanna Soh



Consolation Prize
Quek Kean Shen



Consolation Prize
Jeanette Phua

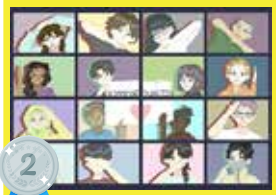


TAMPINES TOWN COUNCIL DRAWING COMPETITION 2020

SECONDARY SCHOOL CATEGORY



1st Prize
Jason Phua



2nd Prize
**Pedranza Alexa
Gwyneth Dela Cruz**



3rd Prize
Mihika Sharma



Consolation Prize
Tay Qi Xuan



Consolation Prize
Koh Yi Xin



Consolation Prize
Kum Hao Wen



Consolation Prize
Nur Seri Aliyah



Consolation Prize
Renee Chng



Consolation Prize
**Rey Clarenz Castillo
Castro**



Consolation Prize
Md Shakeel



Consolation Prize
**Jeslyn Nicole
Piloton Tolentino**



Consolation Prize
Aaron Sirhan Tay



Consolation Prize
Chong Hui Yi

2020 has been a tough year for everyone, but we have persevered and emerged stronger. In the face of crisis, we have witnessed how communities remain united, showing solidarity. Based on the theme "Tampines Together, #TampinesUnited", we received many drawings depicting the strong kampong spirit in Tampines during the challenging times.

Congratulations to all the winning entries and thank you to those who have participated! Your drawings are a source of inspiration for everyone to push on further, together.

Stay strong and be well!

OPEN CATEGORY



1st Prize
Nur Insyirah



2nd Prize
Goh Yu Jie



3rd Prize
Chloe Lim



Consolation Prize
Elicia Low



Consolation Prize
Eileen Su



Consolation Prize
Keer Soong



Consolation Prize
Jasmin See



Consolation Prize
Ravis Azor David



Consolation Prize
Rachel Tan



Consolation Prize
Doreen Su



Consolation Prize
Calista Ng



Consolation Prize
Teo Aik Cher



Consolation Prize
Putri Darwisah

Netizen's Choice Award

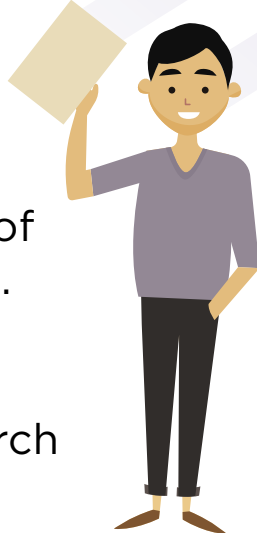
Primary School Category
Chng Ya Hui

Secondary School Category
**Pedranza Alexa
Gwyneth Dela Cruz**

Open Category
Goh Yu Jie

TAKE CONTROL OF YOUR JOB SEARCH TODAY!

Job hunting in 2020 has its share of challenges and it can get tiresome. Career coaches from Workforce Singapore's Careers Connect (Our Tampines Hub) share job search tips to help you in your journey.



The Job Search: 4 STEPS TO MAKE IT WORK

Certified career coach Maurice Ng shares how to stand out from others and regain your confidence.

1. Know yourself

"Employers look for candidates who are confident, understand their strengths and weaknesses," said Maurice. List down your work values, interests, personality and skills (VIPS), possible job opportunities, as well as your career goals and aspirations in the next three to five years.

2. Know the environment

Find out key aspects, such as the nature of work, required skills, company culture, learning opportunities etc, through reviews and the company's corporate sites. Maurice advised, "When job seeking, check if your VIPS aligns with what the role needs."

3. Acquire job search strategies

A key step to job hunting requires "equipping yourself with strategies to make the best impression on potential employers", he said. This includes having a well-written resume and a unique value proposition on why employers should hire you.

4. Connect with employers

Submitting tailored job applications on online job portals like MyCareersFuture and developing a strong network of professional contacts will help you to connect with prospective employers



The Resume: HOW TO SHOW YOUR JOB FIT

Angeline Chiang taps on her 18-year career coaching experience, sharing how to craft resumes that detail your tailored competencies and accomplishments.

1. Start by familiarising the employer's requirements

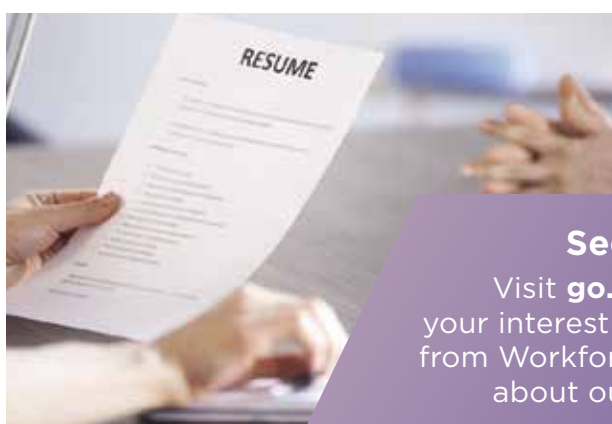
The job description "is a great way to identify what employers are looking for in a candidate", Angeline shared.

2. Make a list of your core competencies

It helps to highlight your unique selling points through your core competencies and skills "instead of simply listing down your day-to-day tasks", she advised.

3. Support your accomplishments using the CAR model

Show relevant evidence of past successes through Context, Action and Result, said Angeline, as your accomplishments can show you are "a potential performer and key contributor to the organisation's performance and bottom line".



The Interview: TIPS ON HOW TO PREPARE

A headhunter for eight years, Christine Gan talks about how to prepare for a job interview.

1. Practise with someone to gain confidence

Interviews present a chance for employers to gauge how well you fit into the job, team and culture. The best way to prepare is to practise the questions, said Christine. "If time permits, work with a career coach who can help you shape your responses and identify any blind spots."

2. Know your facts

Knowledge and understanding about the company, the job and how you can add value will give you an advantage. As such, she always asks clients to research the company and its culture, and prepare answers to some common questions prior to the interview.

3. Be positive

Presenting yourself professionally is important. "Think about the image you want to present and carry yourself the way you want people to see you," advised Christine. "Always answer positively and end each answer on a positive note."

Seeking employment help?

Visit go.gov.sg/careeradvice-tc to register your interest to meet with a Careers Connect officer from Workforce Singapore (WSG) and find out more about our other programmes and services.

PRUNING WITH PRIDE

The guardians of our gardens have green fingers and a whole lot of heart



If you have noticed the lush, well-groomed greenery surrounding Tampines, then you have 55-year-old Mr Lee Kim Teck, a full-time gardener, to thank. So committed to his job, he even walked into our interview with a large pair of pruning shears before being told he could leave them behind.

An average day for Mr Lee starts as early as 7am, when the sun is still low on the horizon. “Otherwise, it’ll be too hot to work,” Mr Lee said, citing the hot weather as a challenging factor when it comes to gardening.

After Mr Lee lost his job as an aluminium window installer about three years ago, he happened to stumble upon gardening. He was restless from months of inactivity and decided to give gardening a try when he came across a job opening.

Mr Lee has always loved plants and flowers, but this job is especially rewarding because he gets to beautify his own backyard in Tampines where he has lived for 30 years. On some weekends, he would go around town to look for plants or common areas that need special attention, and make a note for his colleague or himself to fix those areas.

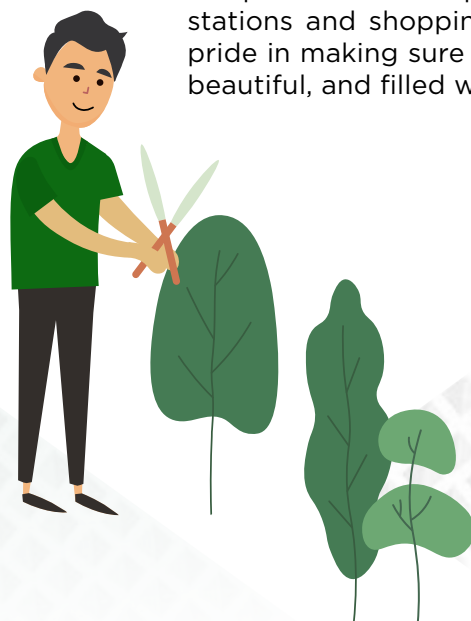
He goes through a relatively simple routine every day — plant, water, weed, clean, and repeat. “Gardening itself is not hard to learn,” he told us. But doing it properly is a whole other story. “You must have the 心 (heart) to do it, not just use your words.” Mr Lee said that the workload is not too heavy, but values such as diligence and responsibility are essential for this job.

Mr Lee now leads a team of apprentices. “Leading a team is not easy — you need to have a sense of camaraderie; otherwise, you can’t delegate the work properly.” Now that Tampines has developed so much, with MRT stations and shopping malls, Mr Lee takes pride in making sure that the town is clean, beautiful, and filled with flowers.



“Gardening itself is not hard to learn. You must have the 心 (heart) to do it, not just use your words.”

— Mr Lee Kim Teck



A TASTE OF THAILAND IN TAMPINES

Satisfy your taste buds with authentic Thai cuisine at Nimman Soi 9



It is said that food becomes tastier when cooked with lots of love. That saying certainly applies to Ms Jane Pamakham, 57, the former co-owner of Jane Thai restaurant at Orchard Towers. A Singapore permanent resident who has lived in Tampines since 1987, Jane returned to Singapore in 2013 after spending a six-month hiatus in her hometown Chiang Mai, Thailand.

“I missed my four daughters, granddaughters and circle of friends in Tampines. I told myself since I can cook so well, why should I give up my life here?” Jane reasoned. Proximity to her daughters (two of them live in Tampines) and the close-knit Tampines community are the reasons Jane set up her stall at Block 201 Tampines Street 21 in 2015. The stall is named after the street she resided in back in Chiang Mai, and business is brisk owing to her authentic Thai dishes.

Jane went through the school of hard knocks ever since she began learning Thai culinary skills at age 13 under the apprenticeship of various chefs. “They can be hot-tempered; I have learnt to not take the scolding personally and even cracked funny jokes with them after work,” Jane recounted.

Among her popular dishes are Thai fried kway teow, fried tang hoon, prawn cake, basil pork/chicken rice, Thai barbecue pork and stir-fried bean paste kang kong. The crunchy prawn cake is a must-try, with generous portions of fresh prawns stuffed within a golden-brown crust.

While her kway teow is spicy, it does not linger in your mouth. Even if you do not fancy spicy food, we recommend that you try it.

“Many patrons who have travelled to Thailand said my Thai dishes taste exactly the same as what they have eaten there, no difference,” she shared. Her secret? The ingredients, even down to the chilli padi, are imported from Thailand. She also cooks her dishes over a large fire, so that the meat and kway teow soften and become more flavourful.

Address: Blk 201 Tampines Street 21 #01-201 Singapore 520201

“Many patrons who have travelled to Thailand said my Thai dishes taste exactly the same as what they have eaten there, no difference.”

— Ms Jane Pamakham





FEEL AT HOME WITH KEEP IT HANDSOME

Know your neighbours while keeping
your mane well-groomed



When you first enter the barbershop at Block 820 Tampines Street 81, you are immediately met with walls decorated with vintage motorcar posters, upbeat hip hop music, and a couple of barbers looking out from their chairs. Mr Tahir Aziz, a taxi driver turned barber and shop owner, fits in nicely with his t-shirt and matching grey suit.

Beyond the hipster exterior (or interior) of the Keep It Handsome Barbershop, lies a tight-knit family of five barbers, most of whom are Tampines residents.

A Tampines resident since the 1980s, Tahir first opened his barbershop in Chai Chee before moving it to Tampines in 2017. As to why he chose Tampines, he explained, "Tampines is a very convenient and nice place that's unlike any estate. You have schools, amenities, food, transport — very accessible. At the same time, you can still enjoy the kampong spirit here." Now that the shop is closer to home, his mother and

wife help out all the time. His wife even prepares food for him and his fellow barbers to eat together occasionally. Tahir values treating his employees well. "Without them, we would not be able to operate the shop," he said. Without hesitation, he attributed this hominess to his upbringing in Tampines.

On why his barbershop is successful, Tahir elaborated, "Barbering is not only about cutting hair. You must have customer service skills — that's the most important." When he first started out, only locals would frequent his barbershop. Now, he has loyal customers of all races whom he can call friends. He recalled that during Chinese New Year, the shop was filled with Chinese customers. "We have achieved what we want — to bring togetherness in society," Tahir said proudly.

Besides making his hair products affordable, Tahir wants to give back to the community. "We cannot go out to do charity work because we're busy in the barbershop, so we contribute money from the sales of the

products to charity," Tahir said. Their first charity was the Bedok Youth Society for the Disabled (BYSD). He has plans to donate to a Tampines charity in the near future.

"Success doesn't come overnight," Tahir advised. Even though he has been cutting hair for almost four years now and has outlets in Johor Bahru and Batam, he claims that he has a lot more to learn. He urged young barbers to be patient, diligent and honest: "Trust your skill because that's your craft. Not everyone can do it, so be proud of what you do and the money will come." To those who aspire to own a local neighbourhood business like his, he advised them to trust their instincts.

Tahir trusted his instincts, and it looks like he has made the right decision in opening his barbershop at the heart of his community, where people all over can feel at home.

**Address: Blk 820 Tampines Street 81
#01-508 Singapore 520820**

"We have achieved what we want — to bring togetherness in society."

— Mr Tahir Aziz

OUR TAMPINES in a Garden

You're invited to
our launch on
20 February 2021!

Make a date at Festive Walk East, Our Tampines Hub, on Saturday, 20 Feb for our official launch event with Tampines Advisers and discover more about Singapore's first-of-its kind Eco-Town Learning Journey! Find out how we envision Tampines to become a living breathing garden with more greenery and parks, all within close walking proximity of residents from their own home!

During the launch of our Learning Journey, join us as we embark on an 8-week engagement programme during the weekends that seeks to engage the Tampines community in discovering, learning and having dialogues on the various green and eco-sustainable initiatives that are either already around us or will be coming our way as we build our Eco-Town together!

Dear Residents,

Greetings on behalf of Tampines! We would like to seek your valuable input and feedback as part of our plans for on-going developments for our constituency. As you may know, we are gearing our Town to become Singapore's first Eco-Town in 2025.

As part of garnering feedback, we would like to see your views on how the current facilities meet your needs and what could be done better as we plan for a greener park. In this regard, we would like to seek your view through this questionnaire. Through your feedback we hope to better shape our Tampines parks based on your needs and expectations. The estimated time for survey completion is five (5) minutes maximum.

Thank you for taking your time to answer this survey!



MEET-THE-PEOPLE SESSION

For the latest blocks in
each division,
scan this QR code.



Come & Meet Us on Monday

Meet-the-People Sessions are held every Monday except for the fifth Monday of the month and public holidays.

敬請注意議員會見民眾時間將是每個星期一，除了每月的第五個星期一以及公共假期。

Sesi Bertemu Rakyat (Ahli Parlimen) akan diadakan pada hari Isnin kecuali pada hari Isnin yang kelima setiap bulan dan cuti umum.

நாடாளுமன்ற உறுப்பினர் சந்திப்பு அங்கம் மாதத்தின் ஐந்தாவது திங்கட்கிழமையும் பொது விடுமுறை நாட்களும் தவிர்த்த மற்ற ஒவ்வொரு திங்கட்கிழமையும் நடத்தப்படும்.



MR MASAGOS ZULKIFLI

Minister for Social and Family Development,
Second Minister for Health &
Minister-in-Charge of Muslim Affairs
Elected Member of Tampines Town Council
Member of Parliament for Tampines GRC

TAMPINES WEST

Blk 143, Tampines Street 12,
Singapore 520143

☎ 6782 1177
Mondays: 8pm — 10pm

(Except 5th Monday of the month & Public Holiday)

📞 masagos ✉ masagos.zulkifli@pap.org.sg

Blocks in this Division:
140-151, 156-166, 801-820, 821-829, 823A,
826A, 827A-B, 828A, 870A-C, 871B-C,
872A-C, 873A-B, 874B-D, 875A-B, 876A-C,
878A-C, 879A-D, 887-889, 887A, 888A, 889A,
890, 890A-D, 891-899, 891A-B, 892A-899A,
902-903, 906-916, 921, 921A, 922, 924-946



DR KOH POH KOON

Senior Minister of State, Ministry of Health
Senior Minister of State, Ministry of Manpower
Elected Member of Tampines Town Council
Member of Parliament for Tampines GRC

TAMPINES CENTRAL

Blk 856, Tampines Street 82, #01-279
Singapore 520856

☎ 6783 3090
Mondays: 8pm — 10pm

(Except 5th Monday of the month & Public Holiday)

📞 drkohphkoon ✉ pap@tampinescentral.net

Blocks in this Division:
601, 601A-D, 602A-B, 603, 603A, 604,
604A-B, 605, 605A-D, 606, 606A-D, 607A-C,
608, 608A-C, 609, 609A-D, 610, 610A-C, 611,
612A-B, 613, 613A-B, 614, 614A-B
701-723, 701A, 704A, 708A, 716A, 720A,
723A, 724-734, 727A, 730A, 735-742, 742A
830-856, 842A-H, 856A-F, 857-864, 857A-B,
858A-B, 859A-B, 860A-B, 861A, 862A,
863A-B, 864A-B, 865-874, 867A, 868A-D,
869A-C, 871A, 874A, 875-886, 880A, 882A,
885A, 886A



MS CHENG LI HUI

Chairman of Tampines Town Council
Member of Parliament for Tampines GRC

TAMPINES EAST

Blk 209, Tampines Street 21, #01-1347
Singapore 520209

☎ 6783 5577
Mondays: 7:30pm — 9:30pm

(Except 5th Monday of the month & Public Holiday)

📞 chenglihui.sg

✉ pap261@singnet.com.sg

Blocks in this Division:
201-209, 201A-E, 201G, 202A, 208A,
210-230, 230A-H, 230J, 231-238, 239-271,
501-510, 512-513, 512A, 515-520, 515A-D,
518A-D, 519A-D, 520A-C, 522, 522A-C,
523A-D, 524, 524A-B, 618A-B, 619A-B, 620,
620A-B, 621A-B, 622A-B 623, 623A-C,
624A-B, 625A-B, 626A, 627, 627A-B



MR DESMOND CHOO

Vice-Chairman of Tampines Town Council
Member of Parliament for Tampines GRC

TAMPINES CHANGKAT

Blk 114, Tampines Street 11, #01-167
Singapore 521114 (Every 1st and 3rd Mondays)

Blk 358, Tampines Street 33, #01-666
Singapore 520358 (Every 2nd and 4th Mondays)

☎ 6781 5329 / 8831 2368
Mondays: 8pm — 10pm

(Except 5th Monday of the month & Public Holiday)

📞 DesmondChooPeyChing

✉ desmondchoop@gmail.com

Blocks in this Division:
101-114, 117, 124-127, 136-139, 136A,
272-298, 299A-B, 301-343, 307A, 311A, 316A,
330A, 331A, 340A, 345-370, 351A, 354A, 359A,
364A, 366A, 367A, 371-374, 374A, 381-396,
384A, 390A



MR BAERY YAM KENG

Senior Parliamentary Secretary,
Ministry of Transport
Elected Member of Tampines Town Council
Member of Parliament for Tampines GRC

TAMPINES NORTH

Blk 444, Tampines Street 42, #01-136
Singapore 520444

☎ 6782 2177 / 8654 4951
Mondays: 8pm — 10pm

(Except 5th Monday of the month & Public Holiday)

📞 BaeyYamKeng

✉ ykbaey@gmail.com

Blocks in this Division:
401-450, 450A-G, 451-484, 485A-B, 486A-C,
487A-C, 488A-B, 489A-C, 490A-B, 491A-H,
492, 492A-H, 492J, 493A-E, 494, 494A-H, 494J,
495A-F, 496A-G, 497A-H, 497J-L, 498A-H,
498J-N, 499, 499A-D