



MCI (P) 034/03/2021







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Appreciating Our Unsung Heroes

School's Out, Fun's In for Kids

CHAIRMAN'S MESSAGE



Dear Residents,

This year, Tampines Goes Farming in a big way. We are expanding our sustainable food sources so that the community is less dependent on food imports, which have become more unstable due to supply disruptions.

After testing various modern farming methods, we have succeeded with projects like the Vertical High-Tech Farm at Block 146 and the rooftop urban farm at the multi-storey car park of Block 723A. Soon, Tampines will have container fish farming, and you can enjoy fresh and locally farmed sea bass at the Tampines Round Market by the next Lunar New Year.

With the significant easing of COVID-19 measures, my fellow MPs and I have resumed our on-the-ground activities, and we are happy to see all of you face to face. I was happy to resume events for children during the school holidays, and there was so much fun and laughter, just like before.

With your support, we have turned the corner on COVID-19, and that's something worth celebrating. There's no better way to celebrate than being part of this year's National Day celebrations. After two years of downsized celebrations, everyone in Tampines can look forward to fun-filled carnivals and fireworks displays.

When celebrating, we must continue to maintain good personal hygiene and stay home when unwell. This way, we keep everyone safe and stay resilient against COVID-19.

Stay well, and most importantly, have a happy National Day!

Yours sincerely,

Cheng Li Hui Chairman Tampines Town Council 亲爱的淡滨尼居民,

淡滨尼市镇在今年"淡滨尼种植年" 的框架下,大幅度提高城市耕种计划的种类与规模。我们正在扩展可持续性的食物来源。食物种类的多元化能减少社区对进口食品的依赖,毕竟全球供应链的冲击已经严重扰乱了进口食品供应的稳定性。

我们尝试了许多现代农耕生产的方法后,在一些耕种项目取得显著的成果,包括位于大牌146的垂直农场和位于大牌723A多层停车场的屋顶农场。接下来,淡滨尼将会落实集装箱农场养鱼的计划。您将在明年的农历新年,在淡滨尼圆巴刹购买到本地生产的新鲜金目鲈。

随着冠病19防疫措施的松绑,我的议员同僚们和我已经恢复了实体活动,并且很高兴能与您面对面互动。学校假期期间,我很高兴为孩童们重新启动活动。一如既往,我们都在欢乐及欢笑声中度过美好时光。

与此同时,我们在您的支持下,冠病19疫情受到良好的控制。这是值得庆祝的。没有什么庆祝方式比得上您亲身参与今年的国庆日庆典。经过2年较小规模的庆祝活动,淡滨尼所有的居民可以期待趣味性浓厚的嘉年华及炫丽璀璨的烟火表演。

我们在欢庆国庆日时,我们要时刻保持良好的个人卫生水平。如果您觉得不舒服,请留在家里。如果人人负起社会责任,整个淡滨尼社区就会更安全,防疫韧性也会跟着提高。

请保持健康。最重要的是,祝大家国庆日快乐!

钟丽慧 主席

淡滨尼市镇理事会

Para penduduk Tampines yang dihormati,

Tahun ini, inisiatif Tampines Bertani (Tampines Goes Farming) dilancarkan secara besar-besaran. Kami sedang mengembangkan sumber makanan lestari supaya masyarakat kita kurang bergantung kepada import makanan, yang semakin tidak stabil akibat gangguan bekalan.

Selepas menguji pelbagai kaedah pertanian moden, kami telah berjaya dengan projek seperti pertanian vertikal berteknologi tinggi di Blok 146 dan ladang bandar atas bumbung tempat letak kereta bertingkat di Blok 723A. Tidak lama lagi, Tampines akan mempunyai penternakan ikan kontena, dan anda boleh menikmati ikan siakap segar yang diternak tempatan dari Pasar Bulat Tampines menjelang Tahun Baru Cina yang akan datang.

Dengan pelonggaran lanjut sekatan COVID-19, saya bersama rakan-rakan Anggota Parlimen juga telah menyambung semula aktiviti di lapangan, dan kami gembira dapat bertemu dengan anda semua secara bersemuka. Saya berasa gembira kerana dapat menyambung semula aktiviti bagi kanakkanak semasa cuti sekolah, dan begitu banyak keseronokan dan derai tawa, seperti sebelumnya.

Dengan sokongan anda, kita telah mengatasi COVID-19, dan ia sesuatu perkara yang patut diraikan. Tiada cara yang lebih baik untuk meraikannya selain menjadi sebahagian daripada sambutan Hari Kebangsaan tahun ini. Selepas dua tahun sambutan disederhanakan, semua penduduk di Tampines boleh menantikan karnival yang menyeronokkan dan pertunjukan bunga api.

Semasa menyambut, kita mesti terus menjaga kebersihan diri dan kekal di rumah apabila tidak sihat. Dengan ini, kita dapat memastikan keselamatan orang ramai dan kekal berdaya tahan melawan COVID-19.

06

07

Semoga anda kekal sihat, dan yang paling penting, selamat menyambut Hari Kebangsaan!

Salam hormat,

Cheng Li Hui

Pengerusi Majlis Perbandaran Tampines

அன்பார்ந்த குடியிருப்பாளர்களே,

இந்த ஆண்டு, ஒரு பெரிய அளவில், விவசாயத்தை நோக்கி செல்கிறது தெம்பனிஸ். விநியோக இடையூறுகளால் உணவு ஆதாரங்கள் மிகவும் நிலையற்றதாகிவிட்டதால், நம் சமூகம் உணவு இறக்குமதியை குறைவாக சார்ந்து இருக்க, நாங்கள் எங்கள் நீடித்து நிலைக்கத்தக்க உணவு ஆதாரங்களை விரிவுபடுத்துகிறோம்.

பல்வேறு நவீன விவசாய முறைகளை சோதித்த பிறகு, புளோக் 146-இல் செங்குத்து உயர் தொழில்நுட்ப பண்ணை மற்றும் புளோக் 723A-இன் அடுக்குமாடி கார்ப்பேட்டைகளின் கூரை நகர்ப்புற பண்ணை போன்ற திட்டங்களில் வெற்றி பெற்றுள்ளோம். விரைவில், தெம்பனிஸ்-இல் கொள்கல மீன் வளர்ப்பு உருவாக்கப்படும். ஆகையால், அடுத்த சந்திர புத்தாண்டுக்குள் தெம்பனிஸ் 'ரவுண்ட்' சந்தையில் (Tampines Round Market) இருந்து புதிய மற்றும் உள்நாட்டில் வளர்க்கப்படும் 'கடல் பாஸ்' வகை மீன்களை நீங்கள் அனுபவிக்கலாம்.

கொவிட்-19 கிருமிப்பரவலை தடுக்க மேற்கொண்ட நடவடிக்கைகள் குறிப்பிடத்தக்க வகையில் தளர்த்தப்பட்டதன் மூலம், நானும் எனது சக நாடாளுமன்ற உறுப்பினர்களும் எங்களுடைய அடித்தள நடவடிக்கைகளை மீண்டும் தொடங்கிவிட்டோம். உங்கள் அனைவரையும் நேருக்கு நேர் பார்ப்பதில் நாங்கள் மகிழ்ச்சியடைகிறோம். பள்ளி விடுமுறை நாட்களில் சிறுவர்களுக்கான நிகழ்வுகளை மீண்டும் தொடங்கியதில் மகிழ்ச்சி கொள்கிறேன். முன்பு போலவே வேடிக்கையும் சிரிப்பு சத்தமும் நிறைந்து இருந்தது.

உங்கள் ஆதரவுடன், நாங்கள் கொவிட்-19 இன்னல்களை கடந்து வந்திருக்கிறோம். இது கொண்டாடப்பட வேண்டிய ஒன்று. இந்த ஆண்டு தேசிய தின கொண்டாட்டங்களின் ஈடுபடுவதை விட சிறந்த கொண்டாட்டம் வேறு எதுவுமில்லை. இரண்டு வருட சுருக்கப்பட்ட கொண்டாட்டங்களுக்குப் பிறகு, தெம்பனிஸ்-இல் உள்ள அனைவரும் வேடிக்கை நிறைந்த திருவிழாக்களையும் வானவேடிக்கை காட்சிகளையும் எதிர்பார்க்கலாம்.

கொண்டாடும் வேளையில், நாம் தொடர்ந்து நம் தனிப்பட்ட சுகாதாரத்தை நன்று பராமரிக்க வேண்டும் மற்றும் உடல்நலம் குன்றும்போது போது வீட்டிலேயே இருக்க வேண்டும். இவ்வாறு, நாங்கள் அனைவரையும் பாதுகாப்பான நிலையில் வைத்து கொவிட்-19 கிருமிப்பரவலை எதிர்த்து உறுதியாக இருப்போம்.

நன்றாக இருங்கள், மிக முக்கியமாக, தேசிய தினத்தை இனிது கொண்டாடுங்கள்!

உங்கள் உளமார்ந்த,

செங் லி ஹுய் தலைவர் தெம்பனிஸ் நகர மன்றம்







ONGOING PROJECT

MRT Viaduct: An Active Thoroughfare that Brings Families Together

The Large-Scale Town-Wide project to enhance the MRT viaduct stretching from Tampines Town Centre to PIE Expressway is more than 70% complete. The enhanced viaduct, when ready, will serve as a popular thoroughfare connecting many residential areas to the Tampines MRT station. Residents can look forward to a linear park that has new gardens, a themed playground, bike maze and an adventure fitness corner.

Bike maze 90% complete



Mound playground 80% complete



Under The Tree 75% complete



UPCOMING PROJECT

Enhanced Sun Plaza Park Borne from Your Ideas



Visitors to Sun Plaza Park can look forward to several exciting new park features.

For example, the popular Central Activity Plaza (shown in the artist's impression above) will be given a facelift. Trees will be added for more shade and the terraces will have wheelchair-friendly seating design. There will also be more bird- and butterfly-attracting plants added to enhance the habitats in the park.

These enhancements are the result of residents' feedback from Our Tampines In a Garden survey that was conducted in 2021. We will continue to review and incorporate your ideas where feasible when enhancing or building our parks and gardens.

Scan this QR Code for Our Tampines in a Garden survey results.







Building the Kampung 86 Spirit



What better way to welcome the new kids on the block — Tampines Green Bloom, Tampines Green Flora, Alps Residences, and Tapestry — than with Kampung 86 Family Day? Residents young and old living along Tampines St 86 delighted in a live magic show, bouncy castle, and entertaining stage games under the open sky at Tampines Green Forest Park. Carnival snacks and even an onsite ice-cream uncle brought back nostalgic memories for residents. Minister Masagos Zulkifli also joined in the fun as neighbours and families bonded during the school holidays.





Free Haircut, Happy Faces





Elderly residents have seen major disruptions in their daily activities due to the COVID-19 pandemic — one of them was getting a haircut. Now with the easing of COVID-19 measures, they are in for a treat! Free monthly haircuts by Tampines Central Branch volunteers have resumed at Block 885A. Just make your way down every last Saturday of the month from 2 to 4 pm. Dr Koh Poh Koon was encouraged to see so many happy faces when he made his visit, and also thanked the volunteers for their community spirit.

Face to face with our MPs

Tampines Changkat Singing in One Voice



As COVID-19 restrictions ease, residents can gather physically for a good ol' concert once more. Tampines Changkat Grassroots Organisations organised the Golden Oldies Night after a two-year physical hiatus with performances by Lin Ruping and Hao Hao. Mandopop hits filled the air of the multi-purpose hall at East Spring Primary School on a Saturday afternoon as 800 residents and Mr Desmond Choo sang along. Even though masking up is still required indoors, it definitely did not dampen the spirits of our invigorated residents.





Appreciating Our Unsung Heroes





Our Town Council conservancy workers have worked tirelessly during the pandemic to keep our surroundings and residents clean and safe. Some of them were fasting during Ramadan while carrying out their duties. To show his appreciation, Mr Baey Yam Keng joined our workers when it was time to break their fast. He distributed food and drinks, and had conversations with the workers.







Face to face with our MPs

School's Out, Fun's In for Kids





After two years, residents of all ages can come together to enjoy activities in larger groups, including children! During the June school holidays, there was an array of fun-filled yet educational activities lined up for our young ones. They include bowling clinics, sporting activities, Lego robotics, nagomi art, and even learning trips to the fire station and Singapore Discovery Centre. Ms Cheng Li Hui, who joined in the fun, was heartened to see children making new friends while picking up new skills and knowledge. These activities also highlighted the importance of support from our community, as passionate members volunteered to coach the children.



Addressing Your Concerns over Coffee

In true Singapore fashion, Ms Cheng Li Hui hosted a talk with Housing Development Board (HDB) at a coffee shop to address housing monetisation options for seniors, including the Lease Buyback Scheme. The session, comprising a presentation and Q&A by HDB, was helpful for residents who had some burning questions. Residents were happy to learn that more of such sessions will be held in the near future to address the various types of concerns that residents may have these days.









Food Waste Gets New Lease on Life Because of a Fly

One man's trash is another man's treasure. Or in this case, one man's waste is another black soldier fly (BSF) larva's food.

The BSF facility in Tampines Park processes food waste to produce frass (excreta), which becomes fertilisers that are tested for growing vegetables in the vertical high-tech farm, while the protein-packed insect larvae are fed to the tilapia in the fish farm nearby.

Jonathan Poh from Otolith Enrichment, operator of the BSF facility and fish farm, explained, "The BSF larvae are nature's best decomposers due to their ability to consume up to four times their body weight per day. Unlike cockroaches and houseflies, BSF do not spread diseases."

Through Singapore's first community-based circular economy, also known as Sustainability @ Tampines Park, about 220 kg of food waste is spared from being incinerated each week. Since its launch in December 2020, 10 tonnes of food waste contributed by residents has been processed.

By contributing food waste or volunteering at the facility, residents earn "green currency" that can be used to redeem items from the farms through the Eco²Balance platform. And with a new automated system, residents can contribute their food waste at any time of the day. If you are interested in volunteering, you can sign up through the Eco²Balance app (available on Playstore and App Store). A follow-up email will then be sent to guide you on how you can start your sustainability journey in Tampines Park.



Sowing the Seeds of Food Security

A farm in the city may be an unlikely sight, but amongst the HDB blocks on Tampines Street 72 sits an urban rooftop farm. Located on the rooftop of Block 723A multi-storey car park, it is but one of the many initiatives in Tampines that aims to improve Singapore's food security.

The rooftop farm produces a wide variety of vegetables residents can use in the kitchen, with weekly harvests of up to a tonne. Through a membership programme, members can harvest their own produce once a week, and any excess will then be donated to charity.



"Many have commented that the vegetables here are much fresher and taste better compared to the vegetables they get from supermarkets. It's quite literally farm to table," commented Nicholas Goh, affectionately known as Farmer Nick, who runs the rooftop farm with his team at Nature's International Commodity (NIC). "There are even people from other estates dropping by!"

Not only do the vegetables taste better, but they are also better for the environment. The vegetables are grown without the use of pesticides and the farm is powered by solar energy. The short distance from farm to consumer also contributes to a smaller carbon footprint.

Educating the public about urban farming remains at the heart of Farmer Nick's operations. With specially tailored courses for different age demographics, Nicholas believes that farming is an essential life skill that everyone should learn.

Residents interested in finding out more about the courses and the farm can visit the farm's Facebook and Instagram pages @farmernicksingapore.



Scaling New Heights in Urban Farming

You may have seen a strange structure protruding from Block 146 and perhaps wondered if it was construction scaffolding or even an art installation. But, it is actually a vertical high-tech farm built along the wall of the HDB block!

David from Netatech, who operates the vertical farm, commented, "This pilot vertical farm aims to cut our carbon footprint, cost and waste compared to traditional farming."

In line with Singapore's '30 by 30' initiative, the vertical high-tech farm is able to produce 30 per cent of produce for more than 100 families, with a yield of 3 kg per square metre.

The vertical farm produces a harvest of lettuce, sharp bayam spinach, red bayam spinach and nai bai every three to four weeks. When residents donate food waste to the nearby black soldier fly facility, they earn "green currency" that can be used to redeem these vegetables.

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Produces are water and consumers are noting production.

Produces are water and consumers are noting personal agriculture and presentation of agriculture and presentation of agriculture and presentation of agriculture and produce and young people.

Netatech has plans to educate Tampines residents about sustainability, including workshops for students during school holidays. To find out more, residents can check out Netatech's Facebook page @NetafarmSG.

It's a Fishy Business



Ever since Tampines made its foray into urban farming, residents have been rewarded with fresh and sustainably grown produce. In yet another breakthrough, Tampines is exploring to harvest and sell sea bass locally grown in a $6 \text{ m} \times 2.4 \text{ m}$ container, known as Our Fish Storey.

Plans are underway for Aqualita to work with Singapore Food Agency on the application for a farming licence. If everything goes as planned, the project will be another success story of how we harness cuttingedge, scalable, and sustainable solution to circumvent our natural constraints of land scarcity.

Our Fish Storey is Singapore's first miniaturised Recirculating Aquaculture System (RAS) that can be scaled and stacked into mini-farms, enabling fish production within a small footprint. A collaboration between Tampines Town Council and Aqualita Ecotechnology, the pilot project is targeted to be ready by the third quarter of 2022. With each container having the capacity to breed 500 kg of antibiotic-free fish, the first yield of sea bass can be ready by early next year.

The Town Council is working with Singapore Food Agency to look into selling the sea bass at Tampines Round Market by the next Lunar New Year.



TAMPINES GOES FARMING

Rice-ing to the Challenge

It was an auspicious day at Block 146 as the first batch of Temasek Rice grown at a vertical high-tech farm was harvested.

On 12 February 2022, coinciding with the 12th day of Lunar New Year, MPs for Tampines GRC, Mr Masagos Zulkifli, Dr Koh Poh Koon, Ms Cheng Li Hui, Mr Desmond Choo and Mr Baey Yam Keng, joined by Mr Lim Hock Chuan, Chief Executive, Temasek Foundation Liveability, threshed rice by hand in a symbolic rice harvesting ceremony.

The harvest is part of a research initiative by Netatech, supported by Tampines Town Council, Temasek Foundation, and Temasek Life Sciences Laboratory, to explore alternative spaces and the use of technology for commercial food production. Its success marks a significant breakthrough in food resilience and places Tampines as a front-runner in Singapore's '30 by 30' goal.

Cultivated using the precision drip irrigation method, unlike in paddy fields, the result is no ordinary rice. The Temasek Rice grain is fast growing, high yielding, drought tolerant and disease resistant.



Celebrating the success of this pilot trial, Ms Cheng commented, "Singapore is heavily reliant on food imports and faces the risk of supply disruptions. For many years, Tampines has committed itself to being a 'living laboratory' for the latest technologies and solutions in sustainable developments. I am heartened to see the progress we have made in food sustainability, as this will help strengthen the community's food resilience."

Mr Lim added, "We hope that projects such as this will breathe new life into farming and make full use of urban vertical spaces to bring benefits to the community."

STAND TO WIN!

5 x 4-pax ticket sets

to Black Soldier Fly Eco-Farm Tour (worth \$60 per set)*

10 x \$50 snopping voucners

> for any purchase at www.crowdfarmx.com

5 x 1-month memberships*

to rooftop farm (Block 723A)* including free garden starter kit (worth \$50 each)

HOW TO WIN: Fill out the form below, cut it out and mail it to us at Blk 136 Tampines St 11 S(521136) or simply scan the QR code to fill out your details and submit a photo of this form:



χ,	Name:
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NRIC(Last 4 digits):

By participating in this lucky draw, you agree that the Town Council may collect, use and disclose your personal data as provided in this form for the purposes in accordance with the PDPA and our privacy policy outlined in our official website www.tampines.org.sg

TERMS & CONDITIONS:

- 1. Closing date is 21 August 2022.
- 2. Only HDB residents of Tampines GRC are eligible to participate.
- 3. Winners will be notified by email.
- 4. 20 lucky winners will be selected from all entries.
- 5. Only 1 entry per household will be accepted.

Sponsored by Nature's International Commodity, Netatech and Otolith Enrichment



National Day Celebrations in Tampines What to Expect ...

Scan the QR code for details of NDP @ Heartlands.



DATE	TIME	VENUE	EVENT TITLE	WHAT TO EXPECT	FOR MORE INFO		
TAMPINES CHANGKAT							
5 Aug 2022	6.30pm - 9.30pm	Qian Xi Restaurant (Paya Lebar)	Tampines Changkat National Day Dinner	Sit-down dinner (halal/non-halal), with performances Ticket fee is \$35 per resident while stocks last	www.facebook.com/ tampines.changkat		
TAMPINES EAST							
6 Aug 2022	10am - 1pm	Tampines East CC	Tampines East National Day Carnival	Mass fitness workout, game booths, mass bingo sessions and more	www.facebook.com/ tampeastcc		
TAMPINES CENTRAL							
7 Aug 2022	2.30pm - 5pm	Tampines Central Park	Tampines Central National Day Carnival	Bouncy castle, carnival games, photo booth, ice cream and so on	www.facebook.com/ TampinesCentralCC		
TAMPINES WEST							
13 Aug 2022	6pm - 10pm	Play @ West	Tampines West National Day Carnival	Live food stations, fringe and craft activities, stage performances, fireworks display and more	www.facebook.com/ tampineswest		
OUR TAMPINES HUB							
6-9 Aug 2022	2.30pm - 5pm	Our Tampines Hub	Celebrating S'pore's 57th Birthday and OTH's 5th Anniversary	"Sing Again the Songs of Singapore" performance, sports activities and games, art competitions and so on	www.facebook.com/ OurTampinesHub		

Best Fireworks Photo Contest

If you're catching the synchronised fireworks display for National Day in Tampines, you can take part in our contest and stand to win cash vouchers. Snap your best shot and submit a hi-res photo by scanning the QR code:



Contest closes on 21 Aug 2022 and the top 5 entries will win a \$50 shopping voucher each. Terms and conditions apply. Places to catch fireworks in Tampines:

- Play @ West on 13 Aug
- Our Tampines Hub (please refer to their Facebook page for details)





images, have a flexible tripod within easy reach. Use a remote shutter release so that you can continue snapping away without touching your phone.

To avoid blurry



Towards a Zero Food Waste Tampines, Together



In Tampines, nothing is wasted. Not even food waste.

Food waste poured into a food waste digester is like a prodigal child returning to the open embrace of Mother Nature. This virtuous cycle of sustainability involves microbes recycling food waste into non-potable water and organic fertiliser. While the water is discharged through the drainage system, the fertilisers are distributed to merchants, community gardens, and used by Tampines Town Council for landscaping purposes.

On 9 April, MPs for Tampines GRC Mr Masagos Zulkifli, Ms Cheng Li Hui and Mr Desmond Choo saw the Food Waste Digester in Tampines West N8 in action. The pilot project, implemented in January 2021, is a collaboration between Tampines Town Council and Tampines West Merchants' Association, supported by the National Environment Agency.

The treatment system can process up to 400 kg of food waste daily. Merchants in the vicinity contribute about 250 kg of food waste daily. Since January 2021, the Food Waste Digester in Tampines West N8 has converted more than 44,000 kg of food waste into

organic fertiliser. Plans to replicate the success of food waste management in Tampines West N8 will be expanded to all Tampines HDB neighbourhood centres by 2024.

"Because the food digester reduces the bulk [of the food waste], we have reduced the number of truck trips for the waste at Our Tampines Hub from four a day to one. This reduces the costs borne by consumers, and if we can do this at scale, we can reduce the amount of waste we truck from point to point," explained Minister Masagos Zulkifli.

Ms Cheng Li Hui added: "When we waste food, more food has to be sourced to meet the demand, and this affects our food security since Singapore imports over 90% of our food supply. With more food waste digesters in Tampines, I hope to see residents living nearby contribute their food waste to the digesters for recycling."

Residents will also experience a cleaner and greener Tampines, as the food waste digester will help minimise rodent and pest problems in the neighbourhood, said Mr Ang King Keong (PBM), Chairman of Tampines West Merchants' Association.





Smart Meters Bring Benefits for Water Users

What is the Smart Water Meter Programme, and how does it benefit you?

Heads up, residents of Tampines! The PUB has started installing smart water meters in Tampines Central from January 2022, who were among the first batch to receive smart water meters. Meter installation is ongoing and residents in postal zone (52) will progressively receive invite letters from the PUB notifying them that their MySmartWaterMeter account is ready after their meters have been installed. You will be able to sign in to your account to view your household's water usage information anytime, anywhere, from your mobile phone or computer.

Here are some key benefits of smart water meters that you can look forward to:

- The ability to monitor water usage digitally access real-time water usage data with daily and hourly breakdowns
- Identifying and fixing leaks faster be alerted to any abnormal water usage so that prompt actions can be taken to fix leaks
- Identifying areas where water can be saved make informed decisions on how to make changes to reduce your water usage and track results of your water conservation efforts
- Lower water bills protect yourself from costly bills and repairs with earlier leak detection and potentially lower water bills as you optimise your water usage

Mr Hanzalah, a resident from Block 857 shared, "I definitely think the *MySmartWaterMeter* portal will be a game-changer. In the time I've used it, I've personally felt more inclined to keep a closer watch on my water usage and keep up my good practices, like having shorter showers.".

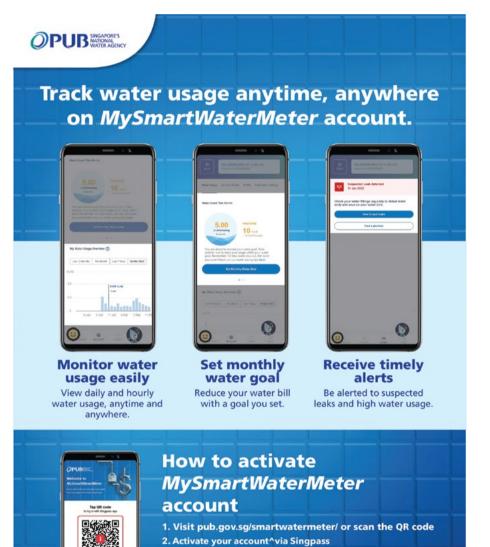
Customers will receive notification letters from PUB prior to installation and most customers need not be home during meter installation.

When you have your smart water meter installed and receive an invite letter from the PUB, remember to sign in to your *MySmartWaterMeter* account to unlock the full benefits. All smart water meters will be installed at no additional cost to residents.

Scan this QR code for more information.









3. Verify your details and you're good to go!

Ambassadors visiting households to share information about the Smart Water Meter Programme (Credit: PUB, Singapore's National Water Agency)



MADE IN TAMPINES

Community Spirit in Full Bloom



A garden with no fencing, where everyone is free to enter and participate in community gardening, or just to enjoy the view: that is the ethos of Greenvale Community Garden at Tampines Street 72.

Greenvale Community Garden is the pride and joy of Raymond Tan, Chairman of Greenvale Residents' Network and the garden's person-in-charge. It houses both edible and ornamental plants, from air plants to jackfruit, and has been the recipient of multiple Community in Bloom (CIB) Platinum awards over the years.

"I think a lot of people like the open concept, and you seldom see gardens do all this," Raymond pointed out. "I believe the community garden is for the community. This is one of the messages we try to pass on to residents: try to build a place for everyone to enjoy, contribute ideas and come together."

In fact, the garden serves as a meeting place for all. The kindergarten nearby often brings their young pupils for educational trips. Elderly residents have their coffee nearby before coming to enjoy the lush greenery. Even cats find respite here. "The outdoor seating is comfortable. Sometimes, at night, they [the cats] also come here and sleep," Raymond shared with a laugh.

Raymond welcomes residents interested in joining Greenvale Community Garden with open arms. "The most important thing is the time you spend here," Raymond said, recalling how a resident's lifestyle changed after she began working in the garden. "Previously, she just stayed at home watching videos, dramas, all these. Now, she is very occupied, happy and fulfilled."

If truth be told, Raymond himself was not gardening-inclined before Greenvale Community Garden was established! He picked up gardening know-how from residents and research, and now spends most of his time in it because there is "so much to do".

"So that's why they say the garden can change a person, because you start to have a hobby, get along with people, and can make friends also!"





Farming in the Comforts of

Your Home

Who knew that one hydroponics kit would blossom into a garden of greens? Not Tampines resident Serena Lim, 53, who was initially growing ornamental flowers but now undertakes hydroponic farming at the edge of her home balcony. Answering the call for food sustainability in Tampines, she decided to try growing edible plants herself and the rest is history.

"It's really a farm-to-table concept — in your backyard kind of thing. The vegetables I grow also taste fresher, more tender and crunchier," Serena said.

Farm-to-table also means less trips to the supermarket, which helps the environment. In addition, hydroponic farming is more spacesaving, water-efficient and does not require use of pesticides.

What started out as a 100-day commitment quickly turned into a year. Within that time, she has grown a variety of vegetables that include nai bai, bok choy, kailan and chye sim. Leafy greens tend to grow best in a hydroponic environment, according to Serena. Recently, she has also tried growing kale and tang oh, which could be harder to get in the shops.

While hydroponic farming is "a different ball game entirely" compared to traditional farming, she gets to reap her green rewards every four to six weeks.







Serena has the community to thank for her journey. She is part of a Facebook group for urban farmers, where she seeks advice and tips — even simple things like "where do you get your seeds from" and "how do you get started". She also learnt some of the basics through webinars organised by Our Tampines Hub.

"I'm really thankful that Tampines has gone on this green path. There are lots of different initiatives and opportunities, such as community gardens. I like to walk around and see what others are growing in their garden," Serena said.

She added: "I'm not an expert in this and I am still learning. Sometimes people say I have green fingers, but I actually don't. I've killed many plants in the past as well, so if I can do it then, really, anyone can."





DRAWING COMPETITION 2022 The Fully of Farming in Tampines

Beyond the community gardens, residents in Tampines are exposed to many forms of sustainable farming methods. We have hydroponic farming in Our Tampines Hub, the high-tech vertical farm at Block 146 and the rooftop urban farm at Block 723A. Soon, Tampines will be piloting fish farming in containers and provide you with the know-how and tools for corridor farming.

Submit a drawing of what farming will be like in Tampines in 2030 and beyond. All entries must be accompanied by a 30-word (maximum) description based on the theme.

Primary and Secondary schools

\$600 Shopping Vouchers

+ drawing tablet (worth \$125)

\$400

Shopping Vouchers



\$200 Shopping Vouchers

(17 - 21 years old)

\$700 Shopping Vouchers drawing tablet (worth \$125)

High school and

Tertiary education



\$500 Shopping Vouchers



\$300 Shopping Vouchers



\$800 Shopping Vouchers drawing tablet

Open

(22 years old and above)



\$600 Shopping Vouchers

(worth \$125)



Shopping Vouchers



Refer to our social media platforms or scan this QR code for more information.

MEET-THE-PEOPLE SESSION

For the latest blocks in each division, scan this QR code.



16/2 Meet Us on Monday

Meet-the-People Sessions are held every Monday except for the fifth Monday of the month and public holidays. 敬请注意议员会见民众时间将是每个星期一,除了每个月的第五个星期一以及公共假期。

Sesi Bertemu Rakyat (Ahli Parlimen) akan diadakan pada hari Isnin kecuali pada hari Isnin yang kelima setiap bulan dan cuti umum. நாடாளுமன்ற உறுப்பினர் சந்திப்பு அங்கம் மாதத்தின் ஐந்தாவது திங்கட்கிழமையும் பொது விடுமுறை நாட்களும் தவிர்த்த மற்ற ஒவ்வொரு திங்கட்கிழமையும் நடத்தப்படும்.



MR MASAGOS ZULKIFLI

Minister for Social and Family Development Second Minister for Health & Minister-in-Charge of Muslim Affairs Elected Member of Tampines Town Council Member of Parliament for Tampines GRC

TAMPINES WEST

Blk 143, Tampines Street 12, Singapore 520143

6782 1177

Mondays: 8pm — 10pm

(Except 5th Monday of the month & Public Holiday)

masagos masagos.zulkifli@pap.org.sg

Blocks in this Division: 140-151, 156-166, 801-820, 821-829, 823A, 826A, 827A-B, 828A, 870A-C, 871B-C. 872A-C, 873A-B, 874B-D, 875A-B, 876A-C, 878A-C, 879A-D, 887-889, 887A, 888A, 889A, 880, 890A-D, 891-899, 891A-B, 892A-889A, 902-903, 906-916, 921, 921A, 922, 924-946



Senior Minister of State, Ministry of Sustainability and Environment

Elected Member of Tampines Town Council Member of Parliament for Tampines GRC

TAMPINES CENTRAL Blk 856, Tampines Street 82, #01-279

Singapore 520856

4 6783 3090

Mondays: 8pm - 10pm

(Except 5th Monday of the month & Public Holiday) f drkohpohkoon pap@tampinescentral.net

Blocks in this Division: 601, 601A-D, 602A-B, 603, 603A, 604, 604A-B, 605, 605A-D, 606, 606A-D, 607A-C, 608, 608A-C, 609, 609A-D, 610, 610A-C, 611, 612A-B, 613, 613A-B, 614, 614A-B 701-723, 701A, 704A, 708A, 716A, 720A, 723A, 724-734, 727A, 730A, 735-742, 742A 830-856, 842A-H, 856A-F, 857-864, 857A-B, 858A-B, 859A-B, 860A-B, 861A, 862A, 863A-B, 864A-B, 865-874, 867A, 868A-D, 869A-C, 871A, 874A, 875-886, 880A, 882A, 885A, 886A



Chairman of Tampines Town Council Member of Parliament for Tampines GRC

TAMPINES EAST

Blk 209, Tampines Street 21, #01-1347, Singapore 520209

Blk 524A, Tampines Central 7, void deck, Singapore 521524 (Satellite MPS every 1st and 3rd Mondays)

Mondays: 7:30pm - 9:30pm (Except 5th Monday of the month & Public Holiday)

chenalihui.sa pap261@singnet.com.sg

Blocks in this Division: 201-209, 201A-E, 201G, 202A, 208A, 210-230, 230A-H, 230J, 231-238, 239-271, 501-510, 512-513, 512A, 515-520, 515A-D, 518A-D, 519A-D, 520A-C, 522, 522A-C 523A-D, 524, 524A-B, 618A-B, 619A-B, 620, 620A-B, 621A-B, 622A-B 623, 623A-C 624A-B, 625A-B, 626A, 627, 627A-B



Vice-Chairman of Tampines Town Council Member of Parliament for Tampines GRC

TAMPINES CHANGKAT

Blk 114, Tampines Street 11, #01-167 Singapore 521114 (Every 1st and 3rd Mondays) Blk 358 Tampines Street 33 #01-666 Singapore 520358 (Every 2nd and 4th Mondays) **4** 6781 5329 / 8831 2368

Mondays: 8pm - 10pm

(Except 5th Monday of the month & Public Holiday)

DesmondChooPeyChing

384A, 390A

Blocks in this Division: 101-114, 117, 124-127, 136-139, 136A, 272-298, 299A-B, 301-343, 307A, 311A, 316A, 330A, 331A, 340A, 345-370, 351A, 354A, 359A, 364A, 366A, 367A, 371-374, 374A, 381-396,



MR BAEY YAM KENG

Senior Parliamentary Secretary Ministry of Transport Ministry of Sustainability

Elected Member of Tampines Town Council Member of Parliament for Tampines GRC

TAMPINES NORTH

Blk 444, Tampines Street 42, #01-136 Singapore 520444

6782 2177 / 8654 4951 Mondays: 8pm − 10pm

(Except 5th Monday of the month & Public Holiday)

BaeyYamKeng x ykbaey@gmail.com

Blocks in this Division

506-68 if this Dission: 401-450, 450A-G, 451-484, 485A-B, 486A-C, 487A-C, 488A-B, 489A-C, 490A-B, 491A-H, 492, 492A-H, 492J, 493A-E, 494, 494A-H, 494J, 495A-F, 496A-G, 497A-H, 497J-L, 498A-H, 498J-N, 499, 499A-D