

Tampines

Tempo



December 2017 - April 2018

MCI (P) 011/01/2018



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Ushering In Lunar New Year
2018



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CHAIRMAN'S MESSAGE

Dear Residents of Tampines,

The new year has just rolled around not too long ago, and with that brings new beginnings for Tampines! Following the start of 2018, I was happy to have celebrated Lunar New Year with various groups in the community. I would like to take this opportunity to wish you and your family the best of health and a great year ahead!

It has been almost eight months since the new managing agents took over in Tampines Town Council. According to a Facebook poll I did last November, many of you feel that the team has been doing a good job and I agree. I am heartened to note that many of you feel that the team has been doing a good job.

I would also like to express my heartfelt appreciation to the Town Councillors who have worked hard for

the interest of residents, contributing to the well-being of everyone who lives in Tampines. We just appointed the Councillors for a new term, and we will do our best so that residents see an even better performance from Tampines Town Council.

The rainy season at the start of the year brought about BorrowUseReturn, a new umbrella-sharing initiative that has seen great support from residents. It was both the convenience and the sense of community spirit that stole the hearts of everyone combating the unpredictable weather. If successful, we will extend it to more locations in Tampines.

We have looked into installing Light Emitting Diode (LED) lights throughout Tampines. This year, you will see existing public lighting at HDB blocks, open spaces and carparks being replaced with new LED lights. We will keep exploring ways to use technology that is more energy- and cost-efficient.

2018 promises to be an exciting year, as we double our efforts to make Tampines a better and truly special home for all. There will be more initiatives and developments under Re-Imagining Tampines to benefit residents.

Thank you for your continued support as we embark on the road towards more improvements in our town. Let us look forward to all the good things to come!

Sincerely yours,
Baey Yam Keng
Chairman
Tampines Town Council

亲爱的淡滨尼居民：

我们不久前迎接了新的一年，这也象征着淡滨尼将迎来一系列全新的开始！

我很荣幸有机会与不同的团体一起欢庆农历新年。我也借此机会祝愿您和家人2018年身体健康，事事顺心！

新的管理团队接手淡滨尼市镇理事会的工作已将近八个月了。我在去年11月的社交网站面簿上进行的民意调查，大部分居民都给予新团队正面的评价，也肯定了他们的努力。这使我感到非常的欣慰。

我衷心地感谢市镇理事会前任委员。他们尽心尽力为居民付出，让住在淡滨尼的每一户居民享有良好的居住环境。市镇理事会在去年十月也委任了新的委员。新的管理团队会在新任期内继续努力为居民服务。

年初的雨季带动了共享雨伞计划的诞生。在共享计划实行期间，得到了居民踊跃的支持。因天气阴晴不定，共享雨伞计划能为居民遮风挡雨。这不只为居民提供便利，也同时加强了社区凝聚力。若计划反映良好，市镇理事会打算将共享雨伞计划推行到淡滨尼更多的地点。

市镇理事会也不断的探索各个方式，利用科技技能节能减碳以减少开支。在淡滨尼各地点装置LED灯泡的方案进行了探讨。今年，组屋、开放空间和停车场现有的灯泡将替换崭新的LED灯泡。

今年我们会加倍努力，让淡滨尼成为每一位居民心中更美好，更别具一格的家园。今年的另一个项目“重绘淡滨尼”计划（Re-Imagining Tampines）带来许多别具一格的家园计划及发展项目让居民受惠。

感谢您一路上给予我们的支持，请和我们一起期待更美好的淡滨尼！

马炎庆主席
淡滨尼市镇理事会

Para penduduk Tampines yang dihormati,

Tahun baru telah diraikan baru-baru ini, dengan membawa lembaran baru untuk Tampines!

Berikutan permulaan tahun 2018, saya gembira dapat menyambut Tahun Baru Cina dengan pelbagai kumpulan dalam masyarakat. Saya ingin mengambil kesempatan ini untuk mengucapkan yang terbaik buat anda sekeluarga tahun ini, dan semoga sentiasa sihat!

Kini hampir lapan bulan sejak ejen pengurusan baru mengambil alih di Majlis Perbandaran Tampines. Menurut pengundian di Facebook yang telah saya lakukan pada bulan November lalu, saya berbesar hati untuk mengetahui ramai yang merasakan bahawa pasukan kami telah melakukan kerja yang baik.

Saya juga ingin mengucapkan setinggi-tinggi penghargaan kepada anggota Majlis Perbandaran yang telah bekerja keras demi kepentingan penduduk, menyumbang kepada kesejahteraan semua penduduk Tampines. Kami baru melantik anggota Majlis untuk penggal baru, dan kami akan melakukan yang terbaik supaya para penduduk melihat prestasi yang lebih baik dari Majlis Perbandaran Tampines.

Musim hujan pada awal tahun ini mendatangkan, 'Borrow Use Return', inisiatif baru perkongsian payung yang telah menerima sokongan besar dari para penduduk. Kemudahan dan semangat kemasyarakatan telah menambat hati semua dalam menangani cuaca yang tidak menentu. Sekiranya ia berjaya, kami akan memperluaskannya di lebih banyak lokasi di Tampines.

Kami juga sedang mengurus untuk memasang lampu Diod Pemancar Cahaya (LED) di seluruh Tampines. Tahun ini, anda akan melihat lampu awam yang kini di blok HDB, ruang terbuka dan tempat letak kereta digantikan dengan lampu LED baru. Kami akan terus meneroka cara-cara menggunakan teknologi yang lebih jimat tenaga dan kos.

2018 menjanjikan tahun yang menarik, dengan usaha digandakan bagi menjadikan Tampines sebuah kediaman yang lebih baik dan istimewa untuk semua. Jangkakan lebih banyak inisiatif dan perkembangan di bawah 'Re-Imagining Tampines' untuk manfaat penduduk.

Terima kasih atas sokongan anda yang berterusan dalam kami memulakan perjalanan ke arah peningkatan yang lebih baik di bandar kami. Marilah bersama kami nantikan kebaikan yang akan datang!

Salam hormat,
Baey Yam Keng
Pengerusi
Majlis Perbandaran Tampines

அன்பார்ந்த தெம்பனிஸ் குடியிருப்பாளர்களே,

புத்தாண்டு இப்போது தான் வந்து சென்றுள்ளது. அது தெம்பனிஸுக்கு புதிய தொடக்கத்தைக் கொண்டு வந்துள்ளது!

புத்தாண்டு 2018 தொடக்கத்தில் நமது சமூகத்தின் பற்பல குழுக்களுடன் இணைந்து சந்திரப் புத்தாண்டைக் கொண்டாடியதில் எனக்கு மிக்க மகிழ்ச்சி. இத்தருணத்தில், நீங்களும் உங்கள் குடும்பத்தினரும் நல்ல ஆரோக்கியத்தைப் பெற்றிடவும் 2018 ஒரு சிறப்பான ஆண்டாக அமைந்திடவும் வாழ்த்துகிறேன்!

தெம்பனிஸ் நகர மன்றத்தில் புதிய நிர்வாக முகவர்கள் பொறுப்பேற்று ஏறத்தாழ எட்டு மாதங்களாகிறது. கடந்த நவம்பரில் நான் நடத்திய முகநூல் (Facebook) கருத்துக் கணிப்பின்படி, உங்களில் பெரும்பாலானவர்கள் புதிய குழு சிறப்பாகச் செயல்படுவதாகத் தெரிவித்து இருப்பது எனக்கு மிக்க மகிழ்ச்சி அளிக்கிறது.

தெம்பனிஸில் வசிக்கும் ஒவ்வொருவரின் நலனையும் கருத்தில்கொண்டு குடியிருப்பாளர்களின் விருப்பத்தைப் பூர்த்திசெய்யும் வகையில் கடினமாக உழைத்த நகர மன்ற அதிகாரிகளை நான் மனமாரப் பாராட்டுகிறேன். புதிய பதவிக் காலத்திற்கான அதிகாரிகளை அண்மையில்தான் நியமித்துள்ளோம். தெம்பனிஸ் நகர மன்றத்திலிருந்து இன்னும் சிறந்த சேவையைக் குடியிருப்பாளர்கள் எதிர்பார்க்கக் கூடிய வகையில் நாங்கள் மேலும் சிறப்பாகச் செயல்படுவோம்.

ஆண்டு தொடக்கத்தில் ஏற்பட்ட மழைக் காலத்தின்போது, "இரவல் பெற்றுப் பயன்படுத்திவிட்டுத் திருப்பித்தரும்" புதிய குடை பகிர்வு முனைப்பு குடியிருப்பாளர்களிடையே நல்ல வரவேற்பைப் பெற்றது. எதிர்பாராத வானிலையைச் சமாளிக்கப் போராடிய ஒவ்வொருவரின் மனதையும் கவந்த இம்முனைப்பு, வசதியானதாக இருந்ததுடன் சமூக உணர்வையும் தூண்டியது. இம்முனைப்பு வெற்றி அடைந்தால், தெம்பனிஸின் இன்னும் பல பகுதிகளில் விரிவுபடுத்துவோம்.

ஒளி உமிழும் எல்இடி (LED) விளக்குகளை தெம்பனிஸ் முழுவதும் பொருத்துவது பற்றி நாங்கள் பரிசீலித்து வருகிறோம். வீவக புளோக்குகள், திறந்தவெளிகள் மற்றும் வாகன நிறுத்துமிடங்களிலும் புதிய ஒளி உமிழும் எல்இடி விளக்குகள் பொருத்தப்பட்டுக் கண்ணைக் கவரும் வகையில் பொது இடங்கள் ஒளியூட்டப்பட்டிருப்பதை இந்த ஆண்டு நீங்கள் காணலாம். மின்சாரப் பயன்பாட்டையும் செலவையும் குறைக்கக்கூடிய புதிய தொழில்நுட்பத்தைப் பயன்படுத்தக்கூடிய வழிவகைகளை நாங்கள் தொடர்ந்து ஆராய்ந்து வருவோம்.

தெம்பனிஸ் வாழ்வதற்குச் சிறந்த இடமாகவும் அனைவருக்கும் உண்மையில் சிறப்பான இல்லமாகவும் அமைய நாங்கள் இரட்டிப்பான முயற்சிகளை மேற்கொண்டு வருவதால், 2018 உற்சாகமான ஆண்டாக இருக்கும். குடியிருப்பாளர்களுக்குப் பலனளிக்கும் வகையில் 'ரீஇமேஜினிங் தெம்பனிஸ்' திட்டத்தின்கீழ் மேலும் பல திட்டங்களையும் மேம்பாடுகளையும் அறிமுகப்படுத்துவோம்.

நமது வட்டாரத்தில் மேலும் பல மேம்பாடுகளை நாங்கள் மேற்கொள்ளும்போது உங்களின் ஆதரவைத் தொடர்ந்து வழங்குவதற்கு நன்றி. எதிர்வரவிருக்கும் அனைத்து நல்லனவற்றையும் ஆவலுடன் எதிர்பார்த்திருப்போம்!

அன்புடன்,

பே யாம் கெங்
தலைவர்
தெம்பனிஸ் நகர மன்றம்

COMPLETED PROJECTS



Playground – Tampines West Community Cub



Repainting Works – Block 381 & 382, Tampines St 32



Drop-off Porch -
Block 426, Tampines St 41



Reflexology Corner -
Block 327, Tampines St 32



Covered Linkway - between Block 727 & Block 727A
MSCP, St 71



Covered Linkway (Wheelchair friendly) - between
Block 728 & overhead bridge, Tampines St 71



Covered Linkway - between Block 888A to Springfield
Secondary



Upgrade of Children's Playground - Block 878, Tampines Ave 8

Got Umbrella?

The monsoon season earlier this year has inspired the umbrella-sharing initiative, BorrowUseReturn, to Tampines. Organised by Tampines Town Council (TTC), the pilot run held on 10 January, 2018 was attended by Mr Baey Yam Keng, Chairman of TTC. 40 umbrellas were planted at one of the two selected routes – between Block 401 and 502.

The other route is from N2 Shopping Street to Block 298. Both locations were specifically chosen by residents of Tampines as their preferred venues, through polling on TTC's official Facebook page.

Aimed to provide convenience to residents when combatting the unpredictable weather, the project also embraces the community spirit of sharing. Besides returning the umbrellas promptly after use for the

next person, residents were further encouraged to donate spare umbrellas.

"If successful, we'll be more than happy to expand it across more locations in Tampines," said Mr Baey, on the initiative.



Mr Baey with Ms Heidi Lin, a fellow Tampines resident who generously donated 200 umbrellas for BorrowUseReturn.



Voices From The Heartland

The enthusiasm of residents at Tampines Changkat's Neighbourhood Renewal Programme (NRP) on 10 December, 2017 was evident through the active participation. Held for two residential areas, Blocks 138 to 139, and 124 to 127, the separate sessions saw residents sharing their thoughts and suggestions with officials who were present, including MP for Tampines GRC, Mayor Desmond Choo.

Drop-off points, seating area, fitness equipment, and high and low sheltered linkways were among the enhancements that residents were briefed about at the event.

The improvements in the neighbourhood are meant to encourage community bonding between families and members of the community, alongside elevating the living experience of residents.

With the NRP being funded by the government, it is important for residents to vote for their preferences as the improvement programme will only be materialised with at least 75% consensus.

The works that will commence by the end of 2018 are expected to complete within two years.



More Buses, Better Rides

The Bus Service Enhancement Programme (BSEP) is a five-year initiative that was designed to boost bus capacity significantly and improve service levels to benefit commuters. Under the BSEP, the Land Transport Authority (LTA) has partnered various public transport operators to introduce 1,000 buses from 2012 to 2017. With more buses added and better bus services, the BSEP has successfully reduced waiting times and crowding levels as well as enhanced connectivity island-wide.

Improvements for Tampines GRC's residents

LTA has improved a total of 35 bus services, including Services 15, 34, 72, 118 and 293, to provide commuters with shorter waiting times and increased comfort during peak periods. Townlink Bus Service 291 (East Loop) has been supplemented by Bus Service 18 along Tampines St 32/33 since 21 October 2017.

The schedule of Service 291 was adjusted to better cater to the shoulder peak demand between 8.00pm and 9.00pm by providing commuters on the east loop with shorter waiting times w.e.f. 27 November 2017.

New Bus Services for GRC's residents

New Service 298 was introduced on 21 October 2017 to connect commuters from Tampines West to the East-West Line and Downtown Line at Tampines MRT Station. The service also provides more convenient access to key amenities such as Our Tampines Hub, Tampines Mall and Tampines Polyclinic. Overall, nine new services, i.e. Services 4, 20, 46, 118, 127, 129, 298, 513 and City Direct Service 664, have been introduced to enhance connectivity for residents.



You Made Tampines Blush!

Your sincere and heartfelt confessions, every single one of them, made us weak in the knees.

Congratulations to the top 3 winners in our "It's Time To Confess Your Love!" contest!

Tampines, how you have changed
Since nineteen eighty-four;
From spaces of empty land
To a satellite town
and more.

Clean parks and community areas
Where residents can meet and greet;
Surrounds of green and flowers,
With benches to provide a seat.

Bustling shopping malls
Whose names now need no mention,
And of course Our Tampines Hub—
The latest family addition!

Toddlers from child care centres
On their regular walking tours,
Greet me in a chorus
Of pure, innocent wonder.

Then there is this guy
Who went out of his way
To help me retrieve my keys;
His neighbourliness made my day!

Must also mention the couple
The day I ran after a bus;
They helped alert the driver
So that I'd be in time for class.

From heartwarming encounters
Of the human kind,
To lifestyle and cuisine choices...
All these and more I find.

So what do I love most
About our dear Tampines?
It's all the little things
That makes life such a bliss!

1st Prize (\$50 voucher):
Clarissa Chong



Tampines is like a loved one. There are days you take her for granted, days you just want to get away from her, days you get bored of her... But ultimately, you know she has everything you need. She feeds you well (with the endless plethora of cuisines), she shelters you (with her homes and sheltered walkways), she keeps you healthy (with her various parks and the latest Tampines Hub), she makes it easy for you to get to places (with the East-West Line and the much needed Downtown Line), and she allows you to choose any path you want in life (be it secondary schools, junior colleges or polytechnics). She also wants to equip you with knowledge and values outside of school (with Tampines Library and multiple Community Clubs). Tampines, is like my loved one. At the end of the day, I just want to return to her embrace.

2nd Prize (\$20 voucher):
Teo Ting Wei

Due to demolishing of my parent's rented one-room flat in Bedok, they were allotted a flat in Tampines by HDB. That is how my relationship for Tampines started since 1987 when I was a young child. I love the creative spirit instilled in Tampines. Always looking for developments, improvements and community enriching programs to make this a better place to live i despite we are now a mature estate. I feel "hao-lian" whenever my friend commented Tampines is always the first town to have several new facilities (cycling network, OTH, even first town to receive S\$50 funpack etc). Wow, our 'kiasu-ism' has led Tampines to obtain the recent most 'kiasu' town accolade from Giant Singapore survey. Perhaps that in turn foster the close-knitted community bonding network here. My love for Tampines will continue till I 'up lorry', cuz gonna stay here for the rest of my life.



3rd Prize (\$10 voucher):
Lin Meixiu



Consolation Prize Winners

(Limited Edition EZ-Link cards with \$5 value):

Ong Yun Ting
Kelly Ho
Molly Tay
Lim Joan
Joyce Kwok Lok Yee
Koh Geok Hong
Nur Fadhilah Shuib
David Chan Yoke Leong
Mohamed Zaki Bin Ishak
Wong Siang Leng

We will be contacting you by email shortly regarding prize collection details.



1st Prize: Marvin Ramirez
(Shopping Vouchers Value at \$1000)

CONTEST RESULTS

Tampines: Through The Lens



2nd Prize: Hang Loo Ming
(Shopping Vouchers Value at \$500)

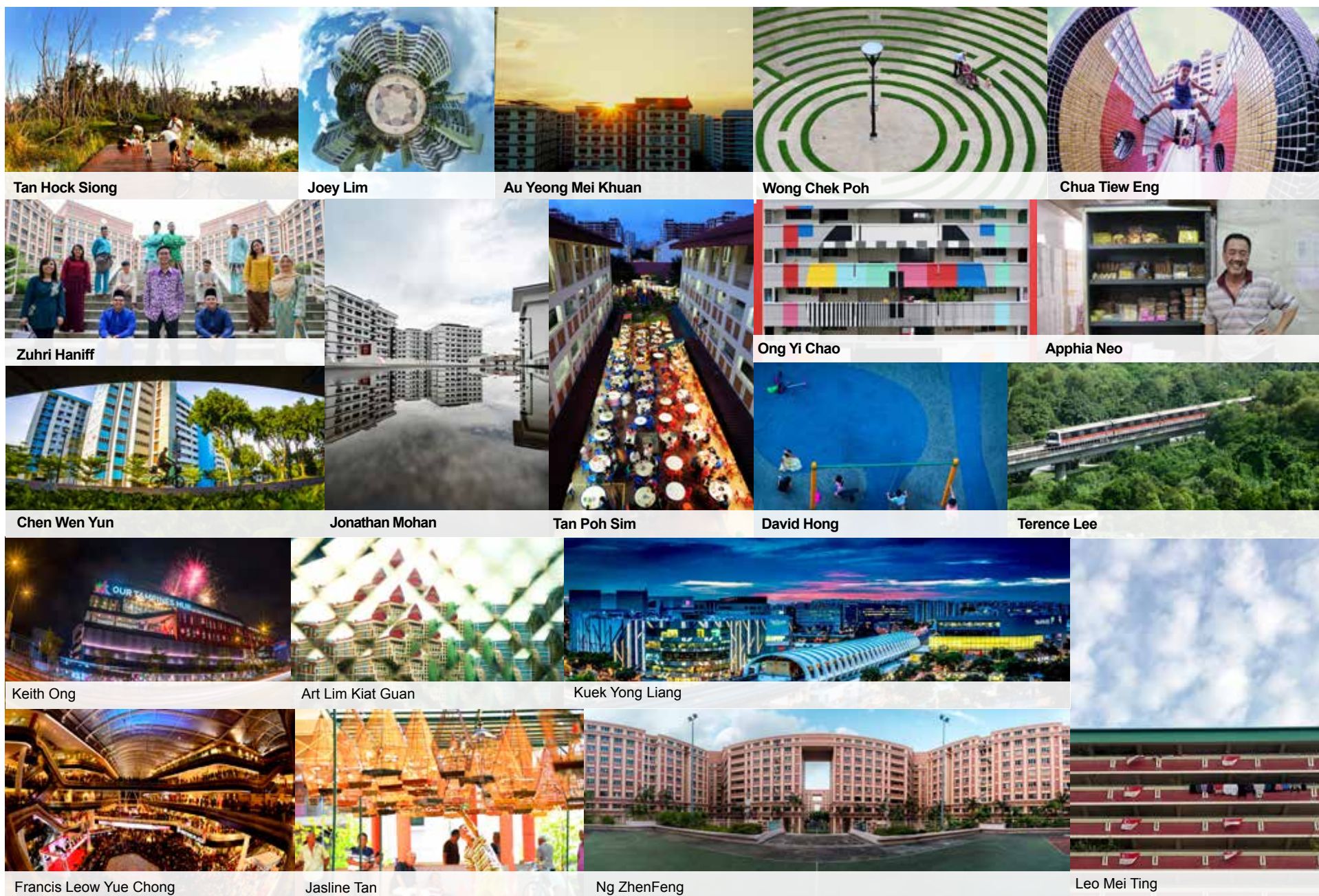


3rd Prize: Calvin Chan Wai Meng
(Shopping Vouchers Value at \$200)

The overwhelming response to the much-anticipated Photography Contest organised last August truly echoed the love residents have for Tampines town. Themed, 'Tampines Our Home', Tampines Town Council received more than 300 impressive entries that evoked a sense of pride, some even accompanied with nostalgic narratives.

The submitted entries received throughout the two-month contest were thoroughly considered by a panel of three professionals namely, Mr Alex Siew, an internationally renowned photographer, Mr Ben Lau, a photography enthusiast (IG: @LKKBEN) and Mr Noor Azhar Mohamed, Senior Lecturer at Singapore Polytechnic Design School.

Congratulations to all the winning shots! Photos from the contest have been published in Tampines Town Council's Calendar 2018:



20 Consolation prizes (Shopping Vouchers Value at \$50 each)

All I Want For Christmas

The Festive Season was in full swing at Our Tampines Hub on 22 December, 2017 with the Xmas Party at Sky Garden! Crowds of residents were welcomed with free Christmas goodies, snacks, and fun games, while being serenaded by members of the ukulele interest group. Our little ones got to receive candy from Santa and even had the chance to tell him their Christmas wishes in person!

There is truly something for everyone at Our Tampines Hub. We will continue to celebrate the diversity in cultures across different communities in Singapore by bringing Tampines residents and visitors the very best in programmes, events and activities!



'Tis the season to be jolly! Members of the Ukulele interest group wowed crowds with their rendition of popular Christmas carols!



Festive treats were available for everyone at the Xmas party! From Starbucks drinks to ice cream cones, everyone walked away fuller both in spirit and stomach!



Santa Claus graced the event with his jolly cheer, handing out candy and listening to many wishes of the little ones.

Ringin' In 2018 The Tampines Way

2017 ended with a bang at Our Tampines Hub's New Year's Eve 2018 Countdown Party! Tampines residents and visitors flocked to Festive Plaza to join the celebrations. Everyone got to enjoy incredible stage performances by Pornsak, Kelly Poon, Derrick Hoh and many others. Besides exciting giveaways, free snacks and a slew of fun games and activities, residents and visitors were also treated to an interactive walkthrough display of our past, present and future.

For many, it was indeed a night to remember and the perfect way to welcome 2018. With even more exciting activities planned for the new year ahead, Tampines residents have even more to look forward to in the coming months!



Residents and visitors were treated to an evening of back-to-back, star studded performances!



The support was simply overwhelming with tens of thousands of people turning up for the NYE Countdown!

The night's festivities culminated in the countdown at midnight. Our Tampines GRC advisers together with the Mediacorp artistes, ushered in the New Year with rapacious applause and cheers as fireworks lit up the night sky above Town Square.



HELLO 2018! The party ended with a bang, with the countdown happening at Festive Plaza and accompanying fireworks at the Town Square!



The Advisers of Tampines GRC greeted and welcomed residents and visitors!



With the press of a button by the Advisers of Tampines GRC, the Hub was lit up with beautiful Lunar New Year decorations!



Residents were treated to exciting performances, such as this captivating drum performance by Temasek Polytechnic!

Ushering In Lunar New Year 2018

It was a fantastic start to the Lunar New Year at Our Tampines Hub (OTH)! Thousands of residents turned up to enjoy the first-ever CNY Festive Market at OTH, as well as the many performances, activities and events that ensured there was something for everyone.

The CNY Festive Market, in particular, embodied the spirit of giving back to the community, showcasing close to 40 stalls. It was also a

platform for entrepreneurial members of the community to come forward with engaging and creative offerings. Tampines residents and visitors also enjoyed a plethora of activities that include a wide variety of stage performances at Festive Plaza over the festive season, the Spring Festival Couplets Calligraphy Competition, as well as 'Float Fiesta', featuring Chingay float displays and performances at Festive Drive!



People of all different races enjoyed the festivities, and the roaming God of Fortune was a big hit!



The larger than life God of Fortune was a real treat for all, at over 7 metres tall!



A Greener Home For Tampines

This year's Tree Planting event was met with gloomy weather, but that did not dampen the spirit of Tampines residents.

Some 800 participants arrived at their respective divisions in Tampines on 11, 12 and 26 November, 2017, complete with ponchos and umbrellas. They were all prepared to contribute their part to a greener environment by planting trees, even in the rain. Both adults and children had the opportunity to experience mixing the soil and then watering the plants. They also got to name the tree.

The event, which was spread across the five divisions, saw residents together with the Members of Parliament for Tampines GRC plant 10 Neem trees at Tampines North, 10 Manila Palm trees at Tampines Changkat, 10 Bottlebrush trees at Tampines West, 10 Foxtail Palm trees at Tampines East and 15 *Syzygium Glaucum* trees at Tampines Central.



"This is our second time participating in Tree Planting Day and we feel the programme this year is more elaborate and happening! We don't often plant trees so this is the only chance we get to."

- Jing Yao & Adeline



"Green is best. Nowadays with the factories and buildings, we need to plant trees to save the environment. At the same time, we get to educate our children with knowledge on tree planting."

- Mr & Mrs Ng



"I wanted to experience tree planting. Even though I used to stay in a kampung, I've never touched soil. It was a warming experience to plant together with people of different ages and races, in harmony."

- Angeline Ler (left)



Career Expert Shares Tips On How To **Remain Relevant**

jobseekers who come to us are unable to find work and are worried about their finances. They may not be ready to hear our suggestions initially. So, we must be patient, understanding, and just listen to them. In time, hopefully we can gain their trust, and we can then provide the assistance they need.

I remember a 70-year-old client of mine, Mr Hee, who had difficulty finding a job in Singapore after working and living in Vietnam for 6 years. I lent him a listening ear, met him for 6 appointments over the 10-month assistance period, addressing topics related to individual job search barriers such as career profiling and planning, training advisory, resume writing, interview skills and business plan review. I recommended that he attend a WSQ course in Certified Professional and he was nominated as the best trainee in that course!

I managed to secure an interview for him with a SME in the spectacles distribution business. The company acknowledged his wealth of experience in sales management in imports and exports to regional markets with strong negotiation

skills and was considering him for the position of a sales manager. However, he had to prove himself by drafting a business plan for the company first. He came to me for help. I took the initiative to research Business Plan writing using self-improvement books and advised him to leverage his passion in developing and delivering service excellence systems, instead on focusing on his past sales track record, which was quite niche, and to steer away from mentioning his difficult financial situation at home.

He took my advice, created a sound business plan and secured the job! He was in contact with me even after he changed his job and I was so happy for him when he told me he got promoted.

-Shawn Moi, Senior Career Coach, Careers Connect (Our Tampines Hub)

I have been a career coach at Workforce Singapore (WSG) for 14 years now and my passion is matching jobseekers with jobs. One of the reasons I became a career coach was because of my father, who lost his job when he was in his 50s – that really left a lasting impression on the importance of remaining relevant in the workforce.

Over the years, I've learnt that a good career coach has to be empathetic. Most

Learn more about the services that you can receive from WSG's Career Services at bit.ly/wsg-tt!

Share Corner

Vice-Chairperson of TTC, Ms Cheng Li Hui, officiated the opening of Resident's Corner – 'Chill & Relac' at Block 522C on 30 September, 2017.

Here, you can find the 'Share Corner', a kindness movement initiative to encourage residents to share non-perishable food items such as biscuits and canned food with neighbours who are in need. Residents may simply deposit the food items in the shelf, and anyone who is in need of food items urgently can feel free to pick them up.

Tampines Green Meadows RC wishes to complete the full circle of giving in the spirit of pay-it-forward, with the vision of creating a future of trust, shared commitment and celebration of abundance. We hope our community partners will support this initiative as well.

We already have the nearby childcare centre Skool4kids, lending support to this initiative by contributing non-perishable food on a regular basis.





NEW UPCOMING!

CHILD CARE CENTRE AT TAMPINES GREENEDGE

Blk 492 Tampines Street 45 #01-11 and #01-12 Singapore 524492

We are pleased to inform you that there will be a new Child Care Centre at Blk 492 Tampines Street 45 and the centre will commence operations in mid-June 2018.

The Child Care Centre will offer the following programmes catered to children between 2 months to under 7 years old (Infant to K2 levels).

DUAL SERVICE CENTRE AT TAMPINES CHANGKAT BLK 106

Blk 106 Tampines Street 11 #01-333 Singapore 521106

At PCF, we are continuously improving our centres to cater to the different needs of our parents. As such, we will be converting its services to offer both Kindergarten and Child Care services with effect from 1 September 2018.

The Dual Service Centre will offer the following programmes catered to children between 18 months to under 7 years old (Toddler to K2 levels).



**REGISTER NOW AT
WWW.CHILDCARELINK.GOV.SG**

For enquiries, please call us at 6244 4600
or e-mail us at pcfhq@pcf.org.sg.



Year End Festive Fun At Our Tampines Hub

On 21 December, 2017, both the elderly and youths from five welfare organisations in Tampines GRC namely, All Saints Home (Tampines), Jamiyah Home for the Aged, Kheng Chiu Loke Tin Kee Home, Pertapis Children's Home and Yeah! (Youth Engaged at Heartlands), were treated to a day of fun at Our Tampines Hub (OTH) as part of OTH Gives Back.

The event which was organised in conjunction with the year-end festive season had an array of activities that included an educational tour of the

25,000sq. ft. Eco-Community Garden, a cooking demonstration which promoted healthy eating at the Wellness Centre and bowling at Orchid Bowl for the 250 beneficiaries.

A first for OTH, this initiative was also an effort to bring the festive cheer to welfare organisations that have provided services to reach out to the less fortunate in Tampines, following the successful grand launch of the community and lifestyle hub last August.



Adviser to Tampines GRC, Ms Cheng Li Hui joined the kids on the Choo Choo Train ride around the hub!



Participants both young and old enjoyed a hearty lunch as well as gifts for the festive season!

Tampines...

Why So Kiasu?

Did you know?

Tampines was crowned Most Kiasu Town in Singapore based on an inter-town poll conducted by supermarket chain, Giant. Yes, you didn't read that wrong. We are apparently the most kiasu people in the entire country.

The notion of *kiasuism* in Singapore is almost iconic, and for Tampines to emerge at the forefront of this phenomenon, it is indeed an achievement worth popping open a bottle of champagne for. Why, you may ask? Let's hear it from Tampines residents ourselves!

"Being kiasu at heart is integral to the Tampines identity as the vibrant, exciting and alive town it is. Because we are kiasu, we are active. We participate in different activities held around the estate, from exciting community events to seemingly mundane supermarket shopping. This really changes the atmosphere of the neighbourhood, bringing Tampines to life."

- Winfred Tan, 23

"The 'kiasu' in us is the competitive spirit that allows Tampines to continue to strive to become a better town for its residents. That's why our beautiful town is always constantly upgrading and improving in terms of facilities and services."

- Apple Koh, 47

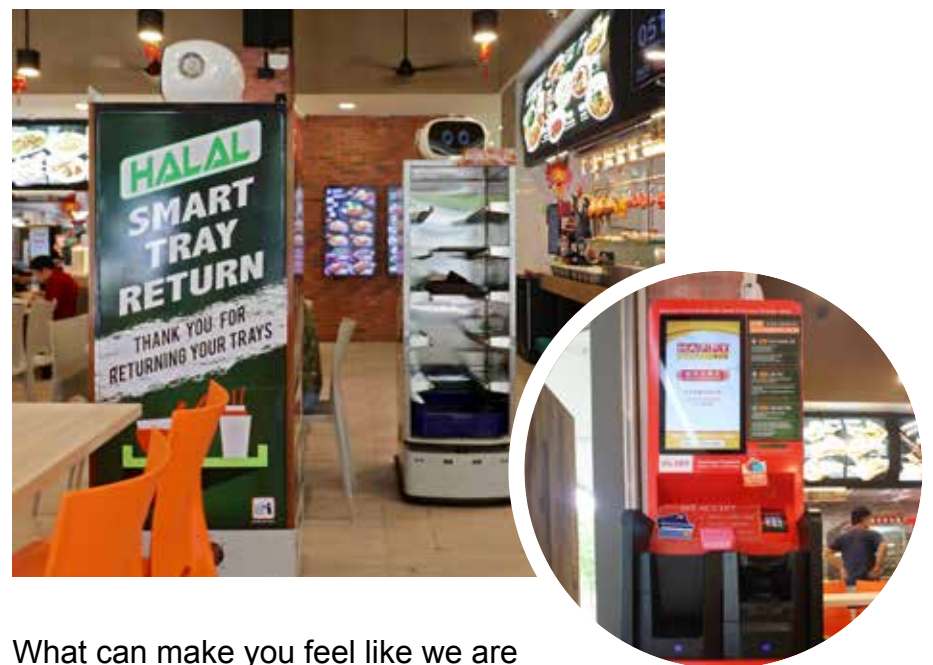
"Every morning, Tampines residents start queueing for free newspapers 15 minutes before they are given out at 7am. Then we 'bounce' to Pasir Ris so we get a seat. I think this creates a nice, self-regulating ecosystem whereby people initiate orderly queues and maximise their MRT train fares."

- Eugene Kay, 24



Are we not the most technologically advanced estate?

Check out these cool gadgets around your neighbourhood!



What can make you feel like we are living in the future right now? Come dine at the Happy Hawkers coffee shop at **Block 872C Tampines St 86**, where you can find self-ordering kiosks, an automated tray return system, and even a floor cleaning robot!



Even the mamak shop at your HDB void deck has gone high tech. The Ma2 Shop is a cluster of vending machines at **Block 143 Tampines St 12**, which dispenses a variety of products ranging from household provisions to ready-to-eat meals.

How else does Tampines exhibit 'kiasuism' in a way that no other town does?



Tampines Mall

Nothing beats having **THREE** shopping malls clustered together in the heart of Tampines. Located just beside the MRT station and bus interchange, the trio provides a holistic shopping experience for all.



According to the Department of Statistics, Tampines has 152,400 resident working persons, the second-highest in Singapore. Kiasu? We think you mean achievement-oriented.



Not one but **THREE** MRT stations! For a long time, Tampines has been served by a single MRT station surrounded by three large commercial malls. But now, we will not have a reason to be late for work or school again.



Tampines is the third largest new town in Singapore by area, covering over 2089 hectares of land and also is the third most populated new town, following Bedok and Jurong West. We're a huge and beautiful town – it is no wonder everyone wants to live here!



Catholic Church of the Holy Trinity

Tampines is home to over 34 major religious institutions, including the second largest mosque in the country (Masjid Darul Ghufuran), one of the oldest temples in Singapore (Soon Hin Ancient Temple) and a church well-known for its unusual interior design (Catholic Church of the Holy Trinity). Our heritage and traditions are kept alive with the vibrant religious landscape here in Tampines.



Tampines West was one out of three lucky areas in Singapore selected to be part of the Wolbachia project. Aimed to gain a further understanding of the behaviour of mosquitoes in our urban environment, it is truly an honour to be part of this important study.



Have you heard of void deck community cafes? Well, the special feature of the one at Block 839 is that food is served **FREE** and nothing is sold! Many older residents often gather there for neighbourly potluck.



First for everything

We are Singapore's very first **cycling town**. Residents in Tampines were the **FIRST** to have dedicated cycling paths under the National Cycling Plan, which connects various amenities. Getting around our beautiful town is such a breeze!

Our Tampines Hub is the first integrated lifestyle destination in Singapore. There's nowhere else on this island where you can enjoy a wide range of activities and facilities while connecting with fellow residents within your very own heartland.



Built in 1992, Tampines became the first **regional centre**. Now, more than 20 years later, we have become the most established out of all the regional centres.



Introducing the first mall in Singapore to launch a **wildlife-themed rooftop playground!** Collaborating with ACRES, Tampines 1 aims to educate our young ones on the importance of wildlife conservation through experiential play. Best of all, entrance is free.

Guess which is the first **regional library** in Singapore that was opened on 3 December 1994? It is none other than our very own Tampines Regional Library. Not only that, but since moving to Our Tampines Hub in 2017, the library has been the first in Singapore to feature a culinary studio and an indoor playground on its premises. There's no other library cooler than ours.

Where else in Singapore can you experience the kampung spirit as vivid as it was back in the old days? Only in Tampines, with Singapore's very first **neighbourhood community fridges** at Block 441 Tampines St 43! Sharing is caring, and Tampines residents are a big-hearted bunch.



Also, Tampines is the first and only town to be conferred **World Habitat Award**. In 1991, we had the honour to be recognised internationally as a new and outstanding human settlement project to serve as an example for others to follow! We can't be prouder to be residents of Tampines.



Breaking another record is the inclusion of Singapore's first bicycle bay, and first 24-hour McDonald's **drive-thru for cyclists** at the newly reopened Shell petrol station at Shell Tampines Ave 2! A wonderful treat for the active cycling community in Tampines indeed.

Got A Sweet Tooth?



2018 is the year to have your cake and eat it too! We caught up with 27-year-old Amelia Gay, owner of Amelia's – a bakery that serves guilt-free sweet treats right here in our heartland, Tampines – to find out more about the secret ingredient behind her diabetic-friendly bakes and why Tampines makes an ideal location.

TEMPO (T): Share with us the inspiration behind the establishment of Amelia's.

Amelia Gay (AG): Making pastries has always been a pastime of mine, so when I found out that my dad was diagnosed with diabetes and one of the things he couldn't eat were pastries, I had to find out why. I needed to know what he can and can't eat, and I realised that Singapore doesn't really have many diabetic-friendly food.

What they can eat is already very limited; not just desserts, even the normal food. From there I started to research how I can make pastries that are more suitable for his diet, and that's how *Amelia's* came about – to provide options for diabetics.

T: How is the response to the bakery so far?

AG: People who have diabetes, they're really happy when they come to try the

baked goods, and most do return. If you're a non-diabetic person, you would normally just think like, "Why would I want to pay extra for this kind of food compared to going to a normal bakery?" The price of our items are slightly more expensive because of our ingredients, but customers do come back especially for birthday celebrations.

After we got our HALAL cert, there were people like food bloggers who came looking for us, and that created the awareness for *Amelia's*. Parents buy for their children because they don't want them to get used to the sugar-loaded stuff. Elderly too will come back because it has less sugar and better for them.

T: Is there a recommended amount for diabetics' consumption when it comes to your baked goods?

AG: About 100g, which can get them a slice of cake or 4 mini fruit tarts. Usually people share anyway so it's fine. I will suggest to limit the bakes to one a day. I studied nutrition for healthier choices when I was doing my Diploma in Pastry and Bakery, and I do refer to friends too who are professionals, testing Glycemic Index (GI).

T: So what differs Amelia's from other bakeries?

AG: To have our products diabetic-friendly, we use organic coconut sugar. Previously we used stevia, maltitol...all these are artificial substitutes and I noticed they had some weird taste with some side effects. Coconut sugar is natural and healthier, with nicer taste. We also use wholemeal flour.

The greatest misconception is that just because our cakes are diabetic-friendly and healthier, it doesn't taste nice. But it does! Especially after I have modified the recipe to taste about the same as the regular options. I just have to make them complex carbs since diabetics cannot take simple carbs like white flour, rice and white sugar.

Setting up in a heartland like Tampines also enables us to reduce our pricing. Essentially, *Amelia's* is for the residents.

T: Amelia's has been in business in Tampines for a year. Which cake do you think best represents Tampines?

AG: I'd have to say the 'Ondeh-ondoh cake', as majority of the customers from Tampines would actually get that for their mothers or grandmothers. And it's green, like Tampines!



Amelia's is located at Block 820 Tampines St 81, #01-524, Singapore 520820.

Opening hours: 11am to 9pm

Meet Tampines' Dancing King

He has danced his way into his golden years, and is showing no signs of slowing down as he continues to contribute to the vibrancy and youthful enthusiasm of the Tampines community. Mr. Roland Chua Kim Seng, 73, more affectionately known as Uncle Roland, has become one of the familiar faces of Tampines after six years of busking outside the MRT station.

Dancing was not something the former mariner picked up for busking's sake. His passion for dancing goes way back. When he was younger, he began developing an interest in dance after attending the tea dances

that were popular in Singapore at the time. Back then, he did not know how to dance so he simply moved his body along with the music. He began putting in effort to remember the types of dances that suited different kinds of music, after he got teased for not dancing properly. Today, he has mastered up to 46 different styles of dance, and is even able to do headspins. "I didn't have a teacher. I was my own teacher."

One of the simple joys that Uncle Roland derives from dancing in public is seeing how his performances bring happiness to everyone passing by. His likeable presence extends beyond his

usual spot between Tampines 1 and the MRT station. When people see him on the streets, they approach him in surprise and ask him what he was doing there. His identity as the Tampines Dancing Uncle is so iconic to heartlanders that it might strike some as strange to see him going about his everyday life doing common daily activities. "I don't just dance, you know," Uncle Roland says. "I do head outside to eat, go for strolls, I even shop too!"

Not only has he won the hearts of Tampines residents, people from across the country and even from abroad have made the trip down to Tampines to catch Uncle Roland in action. A family of five who lives in Jurong West travelled the distance just to show their support for him, the dancing uncle who danced his way onto the big and small screens. Some young Australians who told him that they have seen his dance footage at a shopping mall in their country also popped by to dance with him while on a trip to Singapore. A heart-warming video of this special moment can be found online.

"I can say that I have brought Singapore to international fame," he says.

During the years he has been dancing in Tampines, Uncle Roland has been given a variety of interesting nicknames. To some, he is known as 'Tampines Uncle'. To others, he is their 'Dancing King'. To Uncle Roland, who has already attracted a small but ardent fanbase, Tampines feels like home. When he does not turn up to busk according to his usual schedule, he gets approached the next day with friendly jests from supporters who missed his lively music and sprightly dance moves. "Tampines residents are like brothers and sisters to me. Every day, familiar faces smile and donate some money. It feels like we are very close, almost as if we are family", he says.

Perhaps it is because of the warm and friendly residents, that Uncle Roland can confidently say that, of all the locations he has danced at, Tampines remains his all-time favourite. "It's never about the place, it's always about the people."

"Tampines residents are like brothers and sisters to me. Every day, familiar faces smile and donate some money. It feels like we are very close, almost as if we are family"



Meet-The-People-Session



Mr Baey Yam Keng

Parliamentary Secretary,
Ministry of Culture,
Community and Youth
Chairman of
Tampines Town Council
Member of Parliament
for Tampines GRC

TAMPINES NORTH

Mondays: 8pm

(Except 5th Monday of the month
and Public Holidays)

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494/A-J, 495/A-F, 496A-G, 497A-L,
498A-M, 499/A-D



Mr Masagos Zulkifli

Minister for the Environment
and Water Resources
Elected Member of
Tampines Town Council
Member of Parliament
for Tampines GRC

TAMPINES WEST

Mondays: 8pm

(Except 5th Monday of the month
and Public Holidays)

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891/A-B, 892-899, 892A-899A,
902-903, 906-916, 921/A, 922,
924-946



Mr Heng Swee Keat

Minister for Finance
Adviser to Tampines Town Council
Member of Parliament
for Tampines GRC

TAMPINES CENTRAL

Mondays: 7:30pm

(Except 5th Monday of the month and
Public Holidays)

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882A, 885A, 886/A



Mr Desmond Choo

Mayor, North East District
Vice-Chairman of
Tampines Town Council
Member of Parliament
for Tampines GRC

TAMPINES CHANGKAT

Mondays: 8pm

(Except 5th Monday of the month
and Public Holidays)

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364A, 366A, 367A



Ms Cheng Li Hui

Vice-Chairman of
Tampines Town Council
Member of Parliament
for Tampines GRC

TAMPINES EAST

Mondays: 7:30pm

(Except 5th Monday of the month and
Public Holidays)

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520/A-C, 522/A-C, 523/A-D, 524/A-B

TEMPO Is Going Online

TEMPO has seen periodic changes in the content and quality of articles since its first issue in December 2012. The newsletter is not only a source of information, it also offers a sense of belonging and identity for Tampines residents.

We are excited to announce that TEMPO will be expanding online to include more stories, features, latest news and happenings in our Tampines town! You will soon be able to access more TEMPO content on-the-go and enjoy a richer interactive experience with more photos, videos and clickable content – bringing Tampines closer to you, wherever you go.

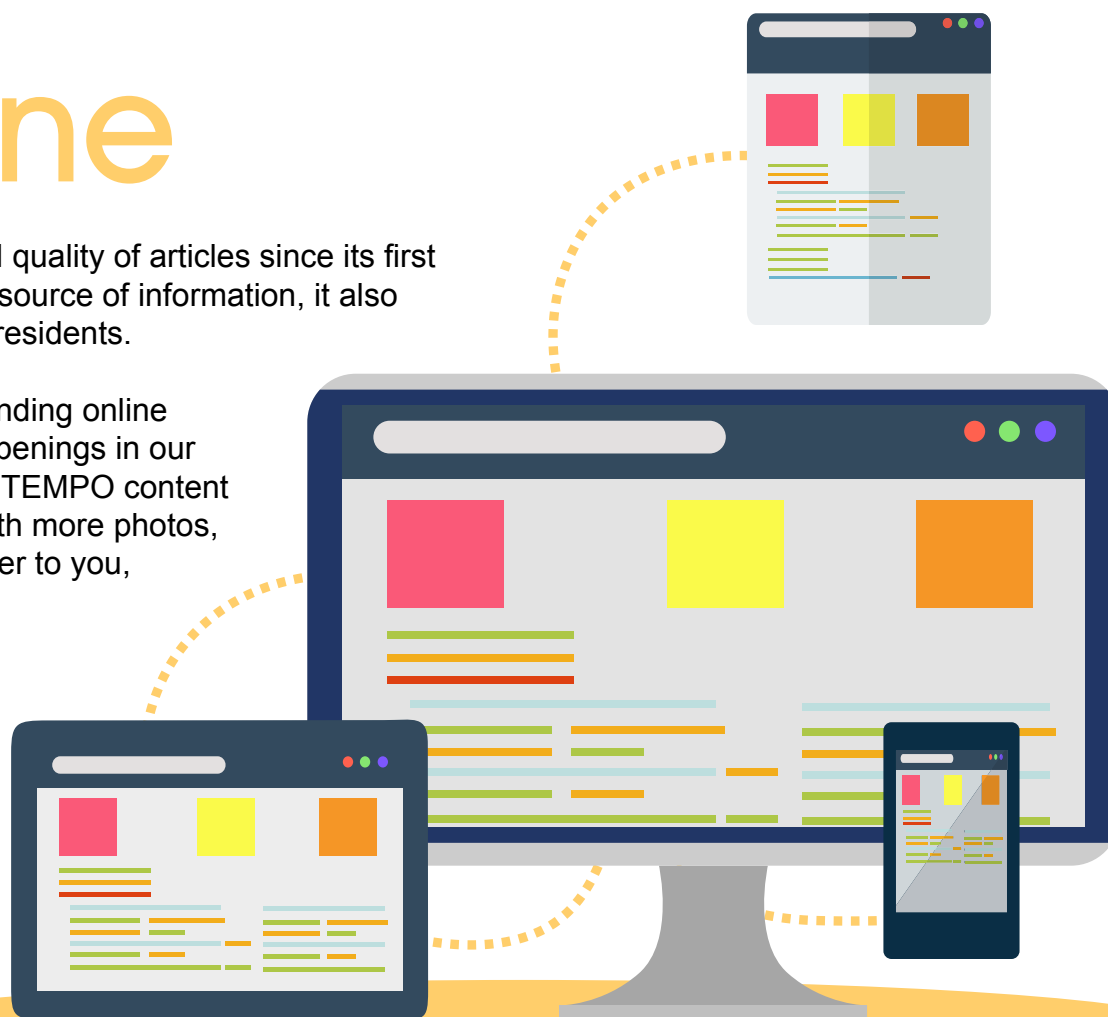
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